
AUGUST 2023 VOL. 2

UTAH CREATIVE AGING COALITION



Supporting optimal aging through the creative arts by serving as a clearinghouse of information and education for participants and professionals in Utah's older adult communities.

Greetings UCAC!

It's been exciting to see all of the efforts to promote Creative Aging in Utah over the last few months! Organizations and teaching artists have been providing amazing classes, and Utah Arts and Museums has been hard at work providing trainings, grant funding and envisioning the future of Creative Aging in our state.

The Utah Creative Aging Coalition serves as a clearing house for information that helps to:

- Support existing programs and build new ones
- Partner with researchers
- Influence public policy to promote the benefits of creative engagement for older adults
- Most importantly, work together to connect seniors to arts-based experiences

We look forward to our continued work together to strengthen our coalition as we serve older adults in Utah. Please feel free to reach out with any questions or suggestions!

Best always,
Emily Christensen, MS, MT-BC
Utah Creative Aging Coalition Administrator
Arts and Aging Coordinator, Jewish Family Service
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BUILDING PROGRAMS



SPREAD THE WORD!

Want to reach more people about your event? Here are some great resources to



MEMBER HIGHLIGHTS

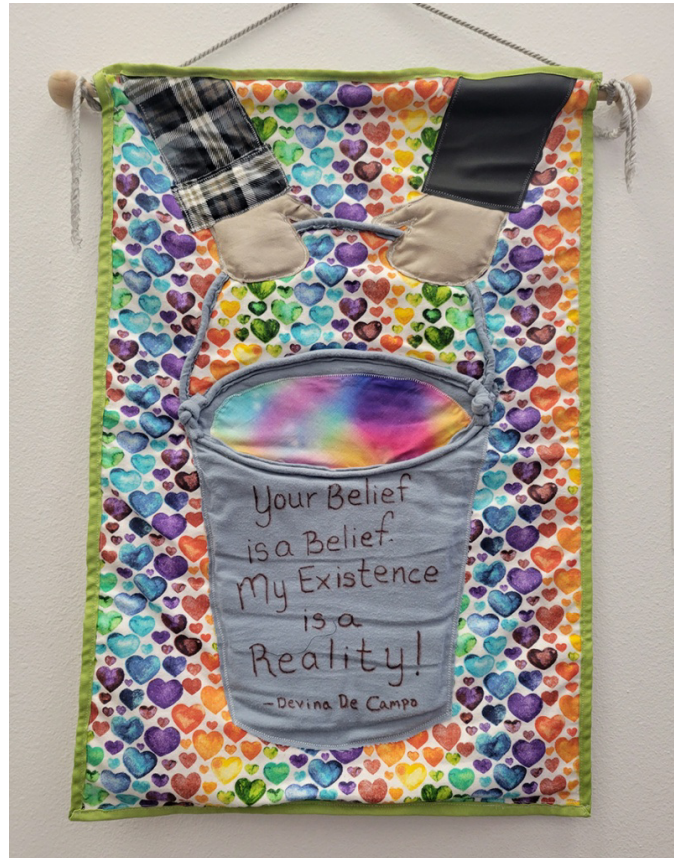
Teaching artists from all disciplines have taken the Lifetime Arts Creative Aging

help you connect to Older Adults in Utah!

[Read More](#)

training and are busy inspiring creativity among Utah elders! [Meet them here!](#) If are a teaching artist who has completed the Creative Aging training, [fill out this form](#) to have your profile included on UtahAging.org

UTAH CREATIVE AGING IN THE NEWS!



Creative Aging Programs Foster Friendships & Creative Liberty for LGBTQIA+ Community in Utah

Learn more about two innovative programs implemented via a partnership between the Utah Museum of Fine Arts and Utah Pride Center and explore more creative aging programs and resources that support the needs and interests of the LGBTQIA+ community.

[Read More](#)

LEARN MORE ABOUT CREATIVE AGING

Enriching the Lives of Older Adults Through Arts Education

This video explains what creative aging programming is about, underscores the value of employing professional teaching artists whose curricula and teaching style provide a socially-

supportive learning environment, and demonstrates the positive impact that these programs have on the older adults who participate.



[Read Article](#)

The Central Role of Creative Aging

Gay P. Hanna National Center for Creative Aging, Affiliate of George Washington University

This position paper examines the vital role of creativity in aging. In this context, it explains big C creativity and little c creativity as well as the late-in-life creative age and three types of potential participants in creative programs and activities: those who engage for the first time, those who re-engage, and those who are continuing on a creative trajectory. This paper then profiles aging artists and presents a framework for accessing creative potential later in life based on research by the National Endowment for the Arts (NEA), in partnership with the U. S. Department of Health and Human Services. This final section of the paper identifies ways in which creative expression can positively and significantly impact the older people, their family, and their communities.

HELP CREATIVE AGING EXPAND IN UTAH

1. **Let us know** about your upcoming events, news stories, etc. We'll promote them!
2. **When you see other's events, please pass them along to your networks.**
3. **Interact with us on social media.**



EXHIBIT PARTICIPANTS AT THE JFS CREATIVE AGING CELEBRATION, 6/15/23

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