

Center for Aging & Disability Education & Training (CADER) at Boston University

Online Training Opportunities in Behavioral Health



School of Social Work

Center for Aging & Disability Education & Research (CADER)

The Center for Aging and Disability Education and Research (CADER) is located at Boston University School of Social Work and is dedicated to strengthening the workforce that provides health and long-term support and services to older adults and people with disabilities.

- A national leader in training since 2002, with a robust catalog of over 30 online courses that focus on the knowledge, skills, and values needed for effective practice with older adults and people with disabilities
- Trained over 25,000 workers since our beginning, including AAA staff, senior center staff, faith leaders, resident service coordinators, and other health and social service practitioners
- Worked with more than 500 agencies and organizations around the country

Center for Aging & Disability Education & Research (CADER) Certificate Offerings

1. ADRC / No Wrong Door Key Principles Certificate
2. Behavioral Health in Aging Certificate
3. Case Management Certificate
4. Foundations in Aging and Disabilities Certificate
5. Key Practice Areas in Interprofessional Teams Certificate
6. Person-Centered Case Management Certificate
7. Practice in Aging: Ethics and Legal Principles Certificate
8. Human Services Management Certificate
9. Key Skills for Person-Centered Practice in Aging and Disabilities Certificate
10. Train-The-Trainer Certificate

Program Benefits

- *Quality Content* – Content developed by subject matter experts and practitioners
- *Skill-based* – Tied to specific competencies needed for effective practice in the field
- *Consistency* – Learners go through similar training programs at the same time
- *Flexibility* – Learners can take the training any time, any place – all self-paced online modules
- *Professional Development* – Receive credentials from a nationally respected university that enhances your skill set and improves your qualifications
- *Training Relevant for Effective Practice* – Keep up with the latest development in practice areas
- *Make a Difference* – Training is designed so that you can put it into practice immediately, helping your clients and their families navigate the changing healthcare landscape

Collaboration Goals

- Provide workforce training in aging and behavioral health
- Identify ways for participants to implement new skills and improve the mental well-being of older adults

WHY?

- Insufficiently trained workforce presents a barrier to adequate treatment for older adults with mental health and substance use disorders
- Mental health needs have increased due to COVID-19
- Risk for unnoticed, undiagnosed, and untreated mental health and substance use issues

Program Offering

Two CADER Online Courses (approximately 4 hours each):

1. [*Mental Health and Aging Issues*](#)
2. [*Substance Use among Older Adults*](#)

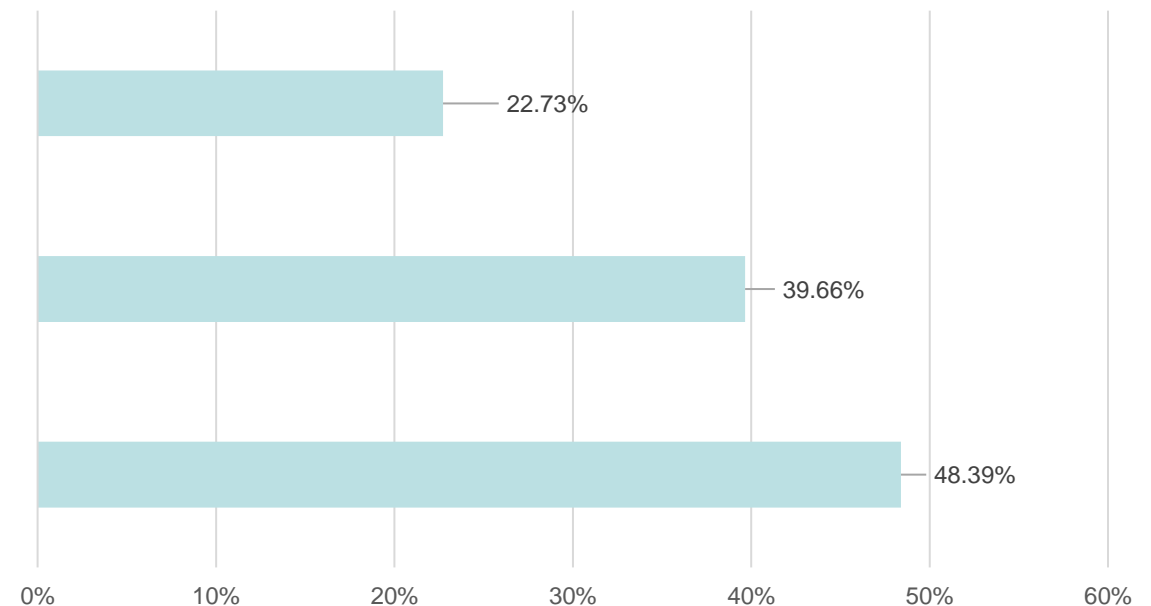
- 50 free spots available through E4 and CADER collaboration
- Must register by September 15, 2023

Mental Health and Aging: Percent Increase of Course Competencies from Pre-test to Post-test (Nebraska Learners)

Mental Health and Aging: Percent Increase of Course Competencies from Pre-test to Post-test

Describe the risk and protective factors for suicide in older adults.

Demonstrate an understanding of the core elements of a mental health assessment including standardized assessment tools. Explain how utilizing individual and group interventions are appropriate for addressing the mental health of older adults (e.g.,...



Feedback: Mental Health and Aging Issues

Screening and Assessment

- This course was extremely useful in identifying mental health issues for referral. I thought I could recognize several conditions before but did not have the confidence and now I do.

Treatment/Intervention

- Being more knowledgeable on different therapies available and what therapy works best for certain disorders.

Resources

- I will continue to grow my knowledge of mental health resources and ways to best support those with mental health needs.

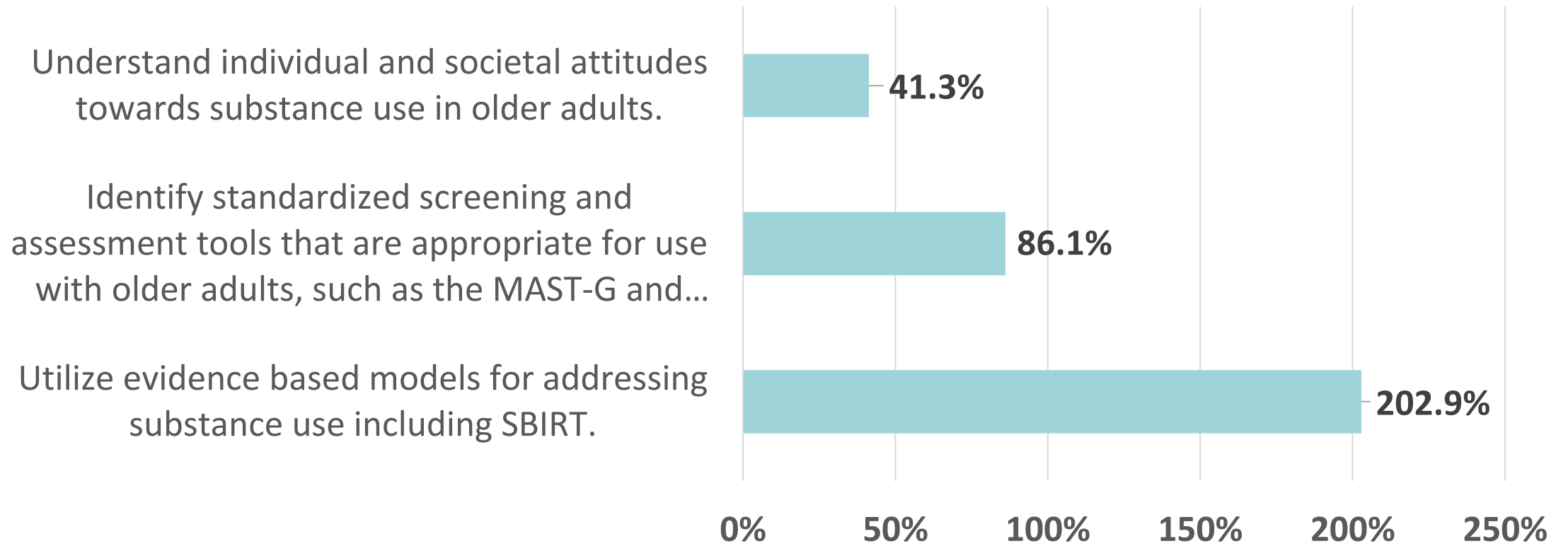
Culture

- I will think more about cultural reactions before assuming something about a client.

Training/Self Awareness

- Insightful and will afford me the opportunity to work with the individuals in my program more effectively.

Substance Use among Older Adults: Percent Increase of Course Competencies from Pre-test to Post-test (Nebraska Learners)



Feedback: Substance Use and Aging Issues

Screening and Assessment

- I plan on looking more closely for signs and symptoms so appropriate discussions can be held and referrals can be made as needed.

Treatment/Intervention

- I will begin educating staff members to start to recognize substance use in older adults.

Training/Self Awareness

- My comfort level when having conversations about substance use has greatly improved.

General Feedback

- Thank you for this opportunity to expand my skills to assist the various needs our communities are facing now and the increase in needs that are coming. I think this should be required by all who work in any capacity serving our older community.

Contact Information

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