



# E4 Center Trainings for Older Adult Mental Health

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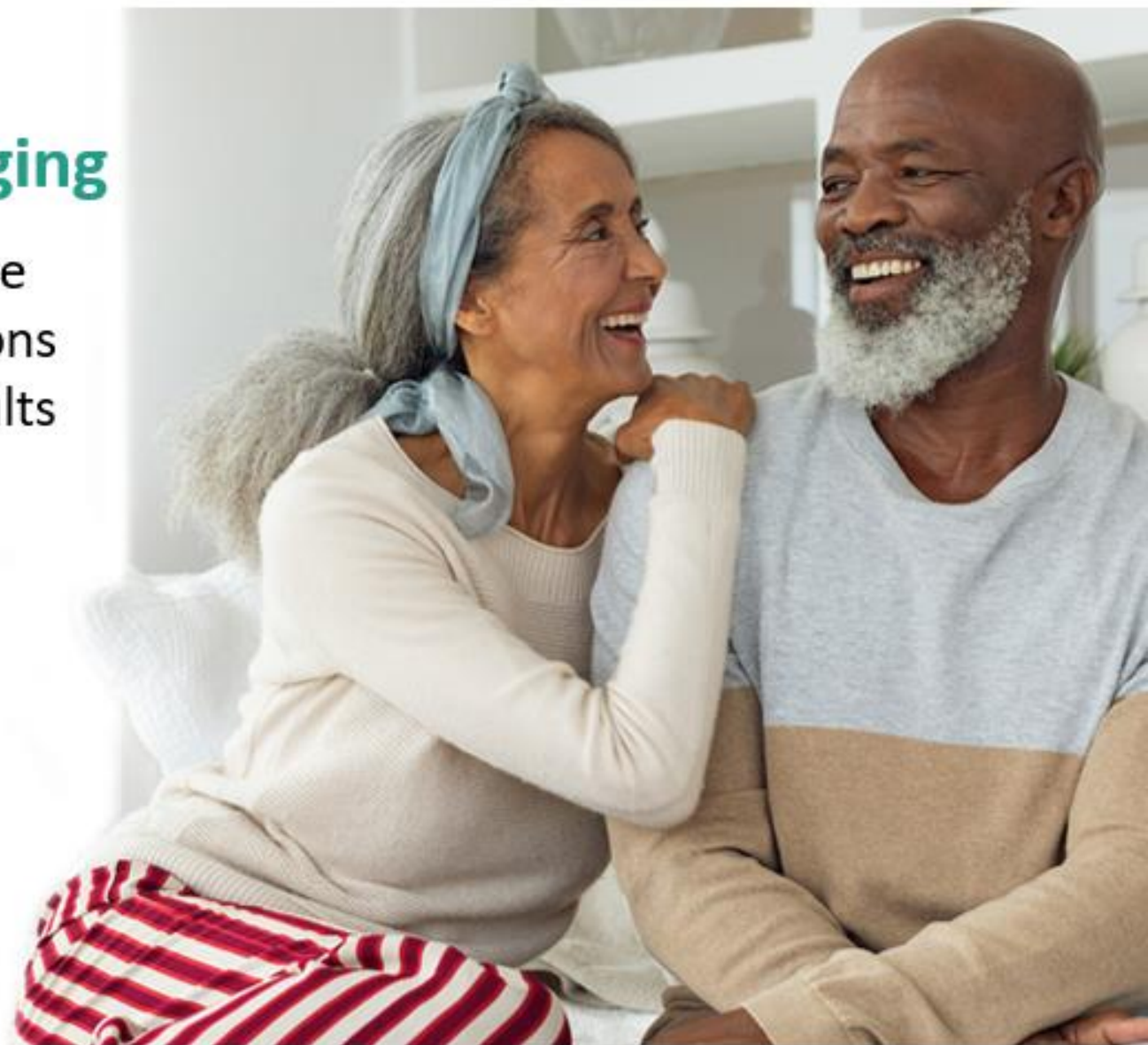
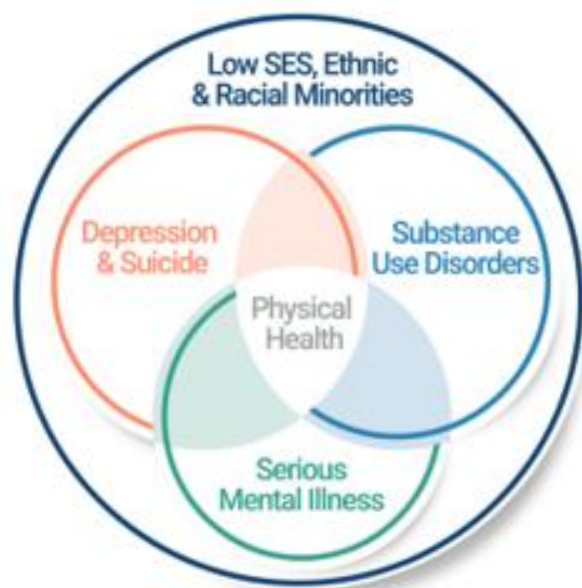


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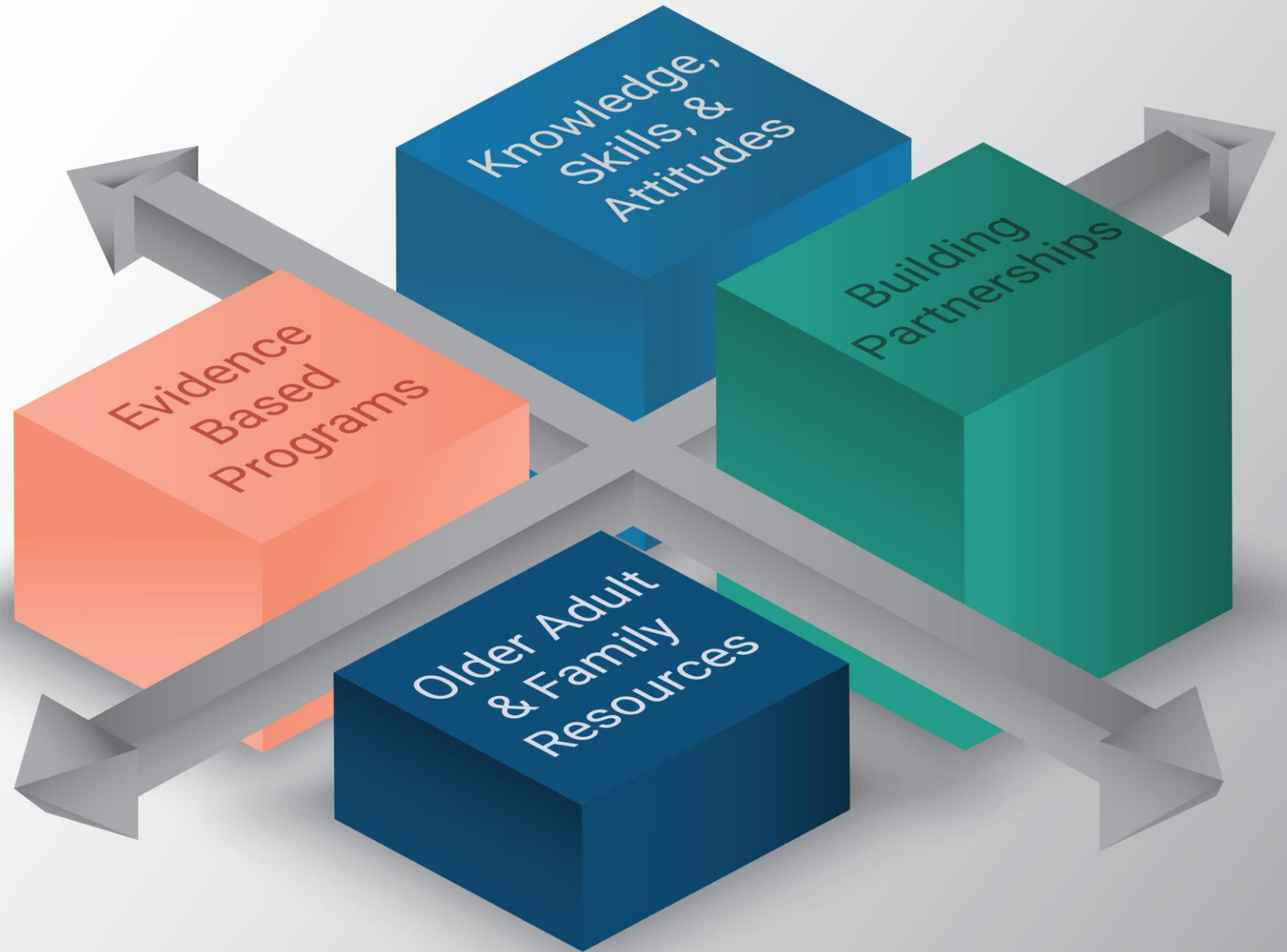
SAMHSA's mission is to reduce the impact of substance misuse and mental illness on America's communities.  
1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TDD) • [www.samhsa.gov](http://www.samhsa.gov)

# E4 Center of Excellence for Behavioral Health Disparities in Aging

**Engage, Empower, and Educate** health care providers and community-based organizations for **Equity** in behavioral health for older adults and their families across the US.



# E4 Center: Engage, Educate & Empower for Equity





A NRSIA GERIATRIC WORKFORCE ENHANCEMENT PROGRAM



Center of Excellence for Behavioral Health Disparities in Aging

AT RUSH UNIVERSITY MEDICAL CENTER

Health & Medicine  
POLICY RESEARCH GROUP

40 years advancing health equity



## Improve Communication with Active Listening Training

Strong communication between healthcare professionals and clients is vital. Active listening skills are a foundation for improving communication. Enhanced communication helps build trust with clients and among team members, improves quality of care, and aids in reducing provider burnout and fatigue. This two-part virtual training will help build active listening skills and strengthen communication among clients and healthcare teams.

### Training Highlights

- 1 hour of basic active listening training
- 1 hour of advanced active listening training
- Certificates of completion are provided
- Free of charge but pre-registration is required

### Audience

- Home Health Workers, Medical Assistants, Nurses, Community Health Workers, Family Caregivers, Community Based Organizations serving older adults



# **Safe - Home Opioid Management Education in Older Adults (SAFE-HOME)**

## **Naloxone and Opioid Awareness**

**60-MINUTE  
LIVE VIRTUAL  
WEBINAR**



**CONTINUING  
EDUCATION CREDIT  
AVAILABLE**

### **About the Program**

Community and home health worker audiences will examine:

- Risks associated with opioid use in older adults
- How to recognize an opioid-related overdose
- Access to and use of naloxone for the reversal of opioid overdose

Register here:  
<https://www.catch-onlearn.com>

Learn more here:  
<https://bit.ly/MHcertificate>



## Foundational Competencies in Older Adult Mental Health Online Certificate Program



The growing population of older adults presents a unique opportunity for mental health professionals to expand clinical practice and experience deeply meaningful clinical work.

The [E4 Center of Excellence for Behavioral Health Disparities in Aging](#), in partnership with [CATCH-ON](#), the Geriatric Workforce Enhancement Program based at Rush, and the [Rush Center for Excellence in Aging](#) invite you to complete this Foundational Competencies in Older Adult Mental Health Online Certificate Program as a first step in developing competency in older adult mental health.

### What is included?

- 14 hours of content where each module, geared towards licensed mental health clinicians, uses Pikes Peak geropsychology competencies as a foundation
  - Modules include didactic content, videos of geriatric mental health experts, case vignettes, learning checks, and resources to enhance clinical practice with older adults
- Continuing education credits (CE/CNE/CME) for licensed clinicians are available for a modest fee
- Completion of all modules will earn learners a certificate of completion from the Council of Professional Geropsychology Training Programs

Topics covered in this program each focus on the unique issues for older adults:

- Attitudes about older adults and aging
- Adult development
- Depression
- Suicide
- Anxiety
- Trauma and PTSD
- Substance use
- Psychopharmacology
- Cognition
- Common life issues
- End of life and grief
- Practice Issues
- *Coming soon:*  
*Serious Mental Illness*

For more details and to enroll, please visit <https://www.catch-onlearn.com/>

# Contact Us

To join our mailing list or learn more about upcoming opportunities, please email [e4center@rush.edu](mailto:e4center@rush.edu)