



UCOA
Utah Commission on Aging

Annual Report 2018-19

Utah Commission on Aging

Message from the Chair

ANDREW JACKSON



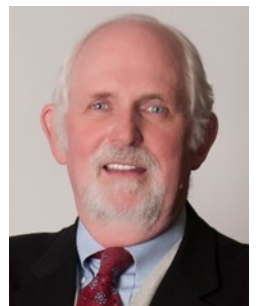
I've had first-hand experience in taking care of my father and father-in-law who each had severe dementia - as well as my mother-in-law who had pancreatic cancer. Because of my profession, I was familiar with most of the resources that were available but still had a difficult time navigating the system. I want to make it easier for caregivers and the loved ones of persons with age to find and access resources. And I also want people to be able to enjoy their later life. So when given the option, I jumped at the opportunity of being on the Commission because I want to make things better. The Utah Commission on Aging is making that happen.



Message from the Executive Director

ROB ENCE

June 2019 marks the three-year anniversary as Executive Director of the Utah Commission on Aging. Our partner collaborations have grown, participation in our process continues to expand, and the contributors to our meetings and projects have been gratifying. Even with progress comes a sobering recognition of the work to be done by all of us. There is more we can and must do.



I respectfully submit this summary annual report to the State of Utah and our key stakeholders: public policy makers, researchers, educators, resource providers, partners, and the general public. These highlights share the Commission story for fiscal year [July 2018 – June 2019](#).



Social Impact

Utahns are better prepared to engage the opportunities and challenges of aging.

UCOA Mission

The Utah Commission on Aging convenes stakeholders to innovate, advocate, educate, and communicate to help Utahns better navigate the opportunities and challenges of aging.

UCOA Core Objectives

1. Democratize Knowledge
2. Disruptive Innovation
3. Informed Advocacy
4. Predictive Modeling

UCOA Statutory Commitment to Stakeholders:

(Policy Makers, Researchers, Resource Providers, Public)

Research

- Study, evaluate, and report on the projected impact on the state's ecosystem
- Facilitate and conduct the research and study of aging issues
- Study and evaluate policies and programs in other states and countries

Public Policy

- Identify and recommend policies and programs
- Study, evaluate, and report on the status and effectiveness of policies and programs
- Encourage state and local governments to analyze, plan, and prepare

Resource Education

- Increase public and government understanding of current and future needs and solutions
- Facilitate communication and coordination of the functions of public and private entities
- Increase public awareness on innovative solutions and services available

Communications

- Provide a forum for public access and input on aging issues
- Utilize all media formats to disseminate public information
- Report to stakeholders on Commission results

UCOA Statutory Membership

As of June 30, 2019

Chair

Jackson, Andrew Public Transportation

Appointed Members

Burbank, Chris	Public Safety
Cottrell, Kristy	Utah Association of Area Agencies on Aging
Daniel, Ronnie	Alzheimer's and Illnesses Related to Aging
Gessel, David	Health Care Provider
Hale, Vale	Exec Dir, Governor's Office of Economic Dev
Kelso, Gary	Long-term Care for the Elderly
Larson, Tracey	Financial Institutions
Milne, Linda	General Public
Miner, Joseph	Exec Dir, Utah Dept of Health
Ormsby, Alan	Advocates for Aging Population
Pierpont, Jon	Exec Dir, Utah Department of Workforce Serv
Rajeev, Deepthi	Charitable Organizations
Singer, Lewis	Ethnic Minorities
Supiano, Mark	Higher Education
Turnquist, Cindy	Business Community
Williamson, Ann	Exec Dir, Utah Department of Human Serv
Wilson, Troy	Legal Profession
Wright, Glenn	Utah Association of Counties

Note:

1. *At FYE 2019, we had one statutory vacancy representing municipal government.*
2. *Legislation passed in March 2019, HB 387 changed the statutory requirements to have a representative from the Utah Senate and House on the Commission. This reduced the statutory membership to 20.*

UCOA Contributing Partners

As of June 30, 2019

Abuzyarova, Karolina	Utah Guardianship WINGS Program	Hilman, Judi	Health Care Consultant
Acevedo, Manuel	Helpful Village.com	Hincks, Bacall	Children's Service Society
Aerts, Sally	Falls Prevention Alliance	Hollingshaus, Mike	Demographer, U Gardner Policy Inst
Alderman, Kent	Lawyer - Utah WINGS Program	Holmgren, Nels	Dir of Div of Aging and Adult Services
Altman, Tracy	UofU Health Plans	Iwamoto, Jani	Utah State Senator/Falls Prev Alliance
Andersen, Troy	Dir of U Goodwill Program/SW	Jones, Patricia	Women's Leadership Institute of Utah
Anjewierden, Dirk	ED Utah Health Care Association	Katis, Christopher	Dir Mrktg Comm UHIN
Babitz, Marc	UDOH	Lancaster, Josh	ED Sagewood at Daybreak
Beattie, Miriam	U SOM Div of Geriatrics	Lee, Melissa	Alz Assoc Dir of Communications
Blake, Ed	Habitat for Humanity	Lee, Traci	DHS APS
Butterwick, Adrienne	Comagine/HealthInsight	Leggett, Paul	SLCo Aging Services Director
Chase, Karyl	Weber Human Services, Sen Comp Dir	Luke, Margene	Utah Caregivers Association
Christensen, Emily	Crescendo Music Therapy	Madsen, Nancy	Utah Department of Human Services
Christensen, Marianne	SLCo Aging Serv Health Prom Mgr	McGee, Nancy	Gerontologist
Clark, Christine	UCOA Policy and Research	McKay, Tom	Community Health Paramedic
Clayton, TantaLisa	Utah Legal Services	Meinor, Lynn	Alzheimer's Coordinating Council
Collett, Cami	St. Marks Physician	Mendenhall, Nan	Utah Adult Protective Services
Covey, Wid	KSL.com; Senior Leaf/Senior Expo	Miller, Stephanie	PennaPowers - Relay Utah
Crossley, Ken	Engage Utah/Creativity for Life	Morgan, Jennifer	ADRC Coordinator
Cummings, Doug	Elder Law Attorney	North, Christie	CCPP Project/U of U Sch of Business
Cunningham, Jeremy	Alzheimer's Association	Parker, Deborah	Home Care Services
Dassell, Kara	Utah Geront Interdisciplinary Program	Passey, Christine	SLC Mayor Special Projects
Davis, Marion	Representing Dept of Workforce Serv	Pearson, Cory	Dept of Vet Affairs - Vet Serv Coord
DeMarco Heidi,	Mountainlands AAA	Polacheck, Laura	AARP Dir of Communications
Diaz Moore, Keith	U of Utah Dean of Architecture	Pruhs, Alan	ED of Assoc of Utah Community Health
Diehl, Cameron	ED Utah League of Cities and Towns	Quatral, Rosemary	Jewish Family Services
Eaton, Jackie	U Coll of Nursing	Redd, Emily	Homespire Health
Edelman, Linda	U Coll of Nursing	Rigg, Andrew	Disability Law Center
Ellington, Lee	U Coll of Nursing	Rivera, Teresa	Pres/CEO UHIN
Evans, Janice	UCOA Communications Specialist	Rollins, Tara	Ex Dir of Utah Housing Coalition
Eyre, Rachel	UHIN Account Rep	Ruppel, John	Family Caregiver Website Sponsor
Farrell, Timothy	MD Div of Geriatrics	Salari, Sonia	U Family and Consumer Studies
Ford, Jack	Retired journalist, law enforcement	Schlegel, Scott	Regence BCBS
Frick, Janet	Utah Aging Alliance	Silver, Ellen	Jewish Family Service
Galindo, Michael	MD/Pres Utah Geriatrics Society	Spangler, Allison	UTHCA Director of Member Services
Gallegos, Tammy	San Juan Co AAA Director	Supiano, Katherine	U Coll of Nursing
Gardner, Emmie	Holy Cross Ministries	Talley, Nate	Governor's Office
Garrett, Teresa	U College of Nursing	Thomas, Wendy	Dir of Parks, Events, Rec Herriman
Hadean, Hailey	Nursing Home Administrator	Van De Graff, Arie	UDOH Commodity Supp Food Prog
Hall, Deb	SAGE/Utah Pride Center	Vaughan, Ralph	Davis County Elder Advocate
Harris, Danny	AARP Dir of Advocacy	Wassom, Bob	Writer and UCOA Blogger
Hart, Jeremy	SLCo Aging Services Asst Director	Watson, Clay	Utah Association for Home Care
Harter, Gary	ED Dept of Veteran & Military Affairs		

Statutory Meeting Requirements

Quarterly Summary

Average Attendance = 46 Member/Partners

Reporting Committee Chairs (each quarter)

Jackie Eaton, Research
Alan Ormsby, Public Policy
Cindy Turnquist, Community Resources
Janice Evans, Communications

Partner Presentations

Summer Quarter – Thursday, August 09 @ Bateman Horne Center, SLC

- Family Violence Across the Life Course Sonia Salari
- Uniform Power of Attorney Document TantaLisa Clayton
- Conference and Program Insights from the
AAIC & Alzheimer's Assoc/Utah Alzheimer's Council Ronnie Daniel
- N4A & U4A Updates Kristy Cottrell

Fall Quarter – Thursday, November 08 @ AARP Utah, Midvale

- Helpful Village Manuel Acevedo
- IHC Homespire Matt Hansen, Paul Astle, Emily Redd
- UDOH Commodity Supplemental Food Program Arie Van De Graff
- Envision Utah Community Toolkit Ari Bruening, Rachel Swetnam

Winter Quarter – Tuesday, February 26 @ Utah State Capitol Board Room, SLC

Commission and Falls Prevention Alliance Open House & Lunch for Legislators
Legislative Report

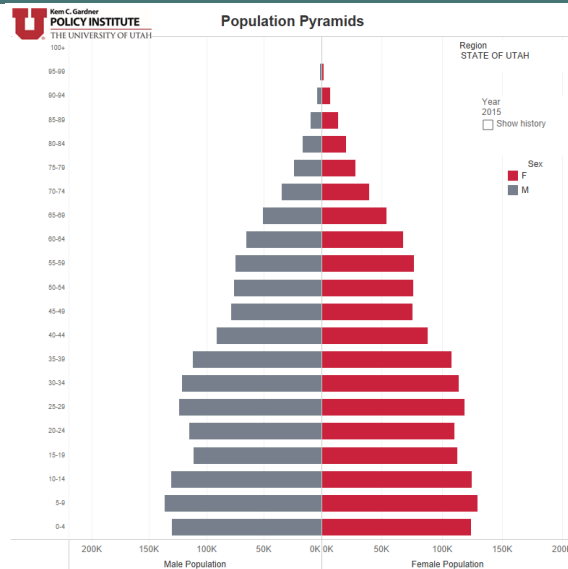
- Presenters on Medicaid expansion, dental coverage Danny Harris
- Aging services funding Jeremy Cunningham
- U4A priorities (Utah Association of AAAs) Kristy Cottrell
- Sprint-Mind Research on Cognitive Outcomes Dr. Mark Supiano
- UHIN and the Anniversary of the CHIE Chris Katis
- 2019 Housing Adequacy Conference Tara Rollins, Cindy Turnquist
- Falls Prevention Alliance Annual Report Sally Aerts

Spring Quarter Wednesday, May 08 @ Crescent Senior Living Center, Sandy

- Utah Open and Public Meetings Act Andrew Jackson
- Adult Health Literacy Dr. Timothy Farrell
- SAGE, Aging, and the LGBTQ Community Deb Hall
- Transitional Care Perspectives – Housing Options Spectrum Gary Kelso

Demographic Context

Mike Hollingshaus, Kem C. Gardner Policy Institute

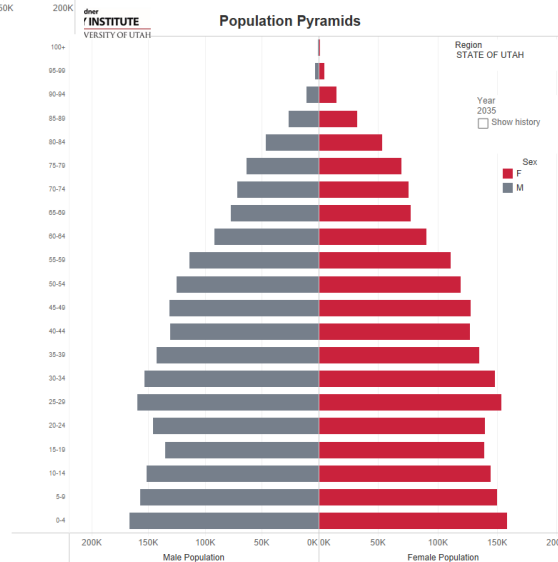


Utah Population Pyramids

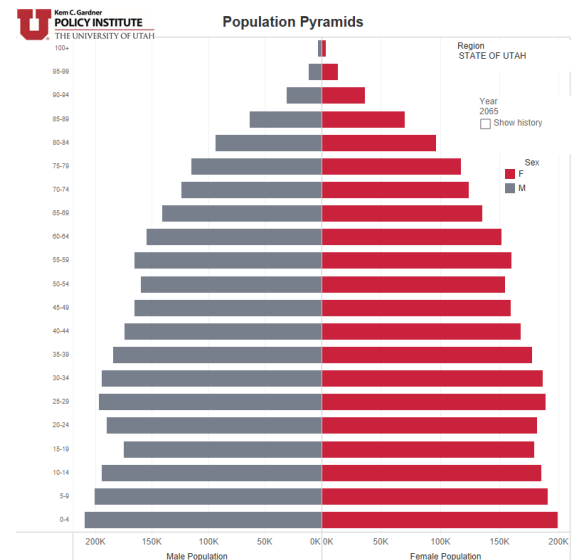
2015

The 2020 Census is around the corner. The 65+ population continues to grow fast as does the 85+ sector.

We must plan carefully to address the issues of today and tomorrow: affordable and accessible housing, mobility, services, health care access, recreation and entertainment, security and social support systems.



2035



2065

Sector Engagements

July 2018—June 2019

Research and Academia

Building the Network

UCOA, through the efforts of Research and Academia chair Jackie Eaton, has successfully created a collaboration among the other academic institutions in the state with interests and programs in gerontology.

Meeting quarterly, the mutual goals established include advancing enrollment interest in gerontology programs, job opportunities for trained students, input and sharing of best practices on UCOA priority issues and educating employers about the value of gerontology expertise.



International Conferences

UCOA attended the **Gerontological Society of America** conference in Boston, November 2018. As part of a team representing the work on Falls Prevention, UCOA moderated a session of Utah partner experts on our Falls Prevention Alliance at the **National 4A** conference in Chicago, July 2018. UCOA also attended two Alzheimer's conferences, one in Chicago, July 2018 with **AAIC** and later, the **Alzheimer's Association Leadership Summit**, January 2019 in San Antonio.

Research and Academic Collaborations

UCOA participates in the NEPQR (Nursing Education, Practice, Quality, and Retention) effort of the U College of Nursing under program director, Linda Edelman. NEPQR's objectives including recruitment and training of RNs from rural and underserved areas of Utah to practice the full scope their licenses in community-based primary care teams.

UCOA is a collaborator/advisor to the PCORI grant Creating Caregiver Provider Partnership (CCPP) with the U's Eccles School of Business led by Debra Scammon and connected the committee with key drafters of the California Task Force on Caregiving.

Utah Native American Heritage conference at UVU in Orem, Utah to begin building a network of tribal leaders and better understanding the challenges tribal members encounter on health care and aging services.

Sector Engagements

July 2018—June 2019

Public Policy

UCOA has a responsibility to inform public policy makers on aging related issues and offers advice, testimony, letters of support, or analysis of issues through a legislative report. The following items from the 2019 legislative session are representative of issues UCOA was involved.

HB 215 – Passed – Department of Public Safety required to develop a Silver Alert Notification

System for endangered adults. This bill defines "endangered adult" as a person 60 years of age or older with dementia. The alert system is like the Amber Alert but specific to endangered adults and requires that the system utilize highway signage in the geographical area where the person went missing. The department will set rules and requirements for alerts.

SB 11 – Passed – Medicaid adult dental services waiver program will expand dental coverage to elderly Medicaid patients and add the University of Utah School of Dentistry's associated statewide network to the list of providers for adult dental services in the Medicaid program.

HB 387 – Passed – This bill made changes to several Governor's commissions and boards. It affected UCOA by removing the statutory requirement of having an appointed Senator and Representative from the legislature. UCOA preferred to keep the appointments in place. UCOA did preserve its standing and funding.

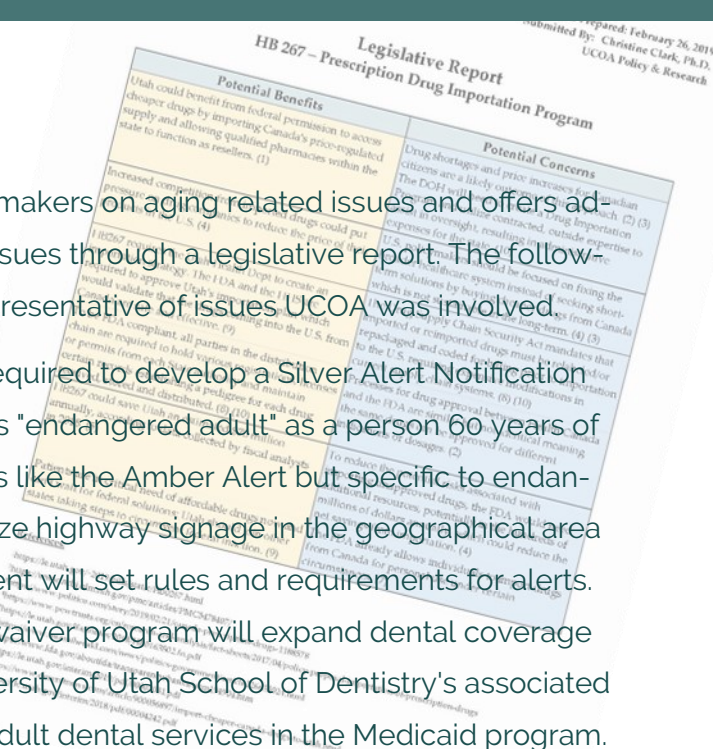
SB 7 – Passed – Supported the effort by Alzheimer’s Association and Division of Aging and Adult Services (DAAS) to preserve the 2018 1M funding for DAAS to an ongoing permanent status.

HB 267 – Failed – Federal certification for prescription drug reimportation and may be considered in the future.

SB 96 – Passed – Medicaid Expansion Amendments essentially gutted the citizens' initiative by limiting enrollment eligibility and other items contingent upon federal waiver approval. If waiver not obtained, then the terms of the initiative will be activated to full expansion.

HB 222 – Failed – Social Security Tax Amendments intended to offer state credit for SS received as part of federal adjusted gross income. Older adults essentially taxed twice in Utah.

Health Care Workforce Financial Assistance Program (HCWFAP) exists to provide educational loan repayment assistance to healthcare professionals who locate or continue to practice in underserved areas. It did not receive funding for FY 2020.



Sector Engagements

July 2018—June 2019

Community Education And Resources

Core Sponsorships:

UCOA has adopted the responsibility to support and promote key community partner collaborations with leadership and communications/web-based services as well as grant-writing opportunities. Current priorities include:

Music and Memory Utah Coalition

Advanced Care Planning Coalition

Engage Arts Utah

Family Caregivers Network

Utah Falls Prevention Alliance

Utah POLST Registry

SLCo 55+ Resource Guide



Educational Event Sponsorships:

UCOA provides support and content for the following partner events:

Advanced Care Planning (End of Life) Summit

Elder Justice Conference (U4A)

Utah Housing Coalition Annual Summit



Community Outreach

UCOA has lectured throughout the state, in person and virtually, to church groups, senior centers, university classes, sponsored conferences, and others. Topics included financial fraud and elder abuse, falls prevention, arts and healthy living, caregiving resources, end of life conversations, advanced directives and POLST, Commission purpose and demographic forecasts, adult health and financial literacy, etc.

ACP State of Reform

UCOA anchored a panel at the first annual Utah State of Reform Health Conference in Salt Lake City, April 24. The panel addressed End of Life and Advance Care Planning issues to an audience of health industry professionals and policy makers.

SLCo Health and Fitness Day Viridian Center May 29

UCOA Executive Director Ence was the keynote at the SLCo Health and Fitness Day talking about the benefits of activity and engagement in our older years.

Sector Engagements

July 2018—June 2019

Communications

Elder Justice Grant from the U.S. Department of Justice



UCOA was a subrecipient along with Adult Protective Services under a grant awarded to Utah Legal Services by the Office of Victims of Crime, Department of Programs at the U.S. Department of Justice.

This grant awarded in recognition of a rapidly growing elderly population in Utah, that providing needed services will become more challenging, that vulnerable seniors are at much greater risk for abuse and financial exploitation, that there has been a significant increase in elder abuse and financial

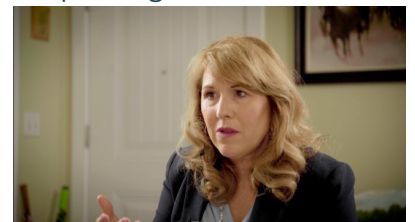


exploitation in Utah, and that financial exploitation cases are greatly underreported.



The goal of this project is to reduce elder abuse and financial exploitation by increasing the reporting of elder abuse and financial exploitation, reducing exploitation of high risk

victims, increasing the rate of APS referrals for prosecutions, reducing the danger of remaining in unsafe home environments, and reducing the misuse of powers of attorney.



UCOA brought victims' stories forward through interviews in a series of 4 videos, 4 audio podcasts, and 6 PSAs. These products will provide practical guidance for protecting against and reporting these crimes. In addition to English-speaking victims, UCOA addressed the unique needs of the Spanish and Navajo-speaking subpopulations who told their stories in their respective languages. By increasing public

awareness of elder abuse and fraud, older adults will be better informed to recognized fraud, prevent it, and if victimized, know how to report it.

These assets were reviewed and scored for effectiveness by several in-language focus groups. They will be available for media distribution and on partner websites in the fall of 2019.



Sector Engagements

July 2018—June 2019

Communications (Continued)

Rap on Aging Podcasts

UCOA is in its second year of a production partnership with the U's SCOPE Radio with producer Scot Singpiel. UCOA just completed its 10th program. The series highlights interviews with experts and stories on issues impacting older adults. The last four offerings were part of the DOJ grant around financial fraud and include two special editions, one in Spanish the other in Navajo. All programming currently available on the UCOA website.



UCOA Website – www.ucoa.utah.edu

The website presence continues to grow and will add a dedicated intern this fall to expand and manage content. UCOA also has a Facebook presence.

Media Interviews and Publishing

Deseret News' Annie Knox "*What to consider when an aging loved one needs long-term care as complaints of elder abuse rise*" dealing with the challenges of proper care and avoidance of abuse as our population of older adults grows. Commission partners Utah Alzheimer's chapter and Adult Protective Services were highlighted. - May 2019

Interview with U graduate student, Jackie Bafford, on *Medical Aid in Dying* to explore the philosophical, social, and policy issues around death with dignity – April 2019

SL Tribune Op Ed *Obeying the Law of Gravity* on falls prevention in the winter – February 2019

New for Fall 2019

- UCOA will go live with its own YouTube channel with created and sponsored content.
- Rap on Aging assets will be available on iTunes podcast site.
- Dedicated intern embedded at U IT Web Services to manage UCOA website.
- Launch of www.FightingFraudUtah.com resource on UCOA website

Key Issue Collaborations

July 2018—June 2019

Advanced Care Planning

Utah ePOLST Steering Committee applied for new grant to build a POLST registry at UHIN.

UCOA hosts the 4th annual Advanced Care Planning Summit 2019 (formerly End of Life) for professionals. The 2019 focus is on POLST awareness and utilization as well as caregiving and the “unbefriended and orphan adults” in our society.

Alzheimer's, Dementia, and Brain Fitness

UCOA participated in the Alzheimer's Association International Conference in Chicago where U Drs. Mark and Kathy Supiano were involved in presentations.

Alzheimer's Council received additional state funding and has increased offerings on caregiver and awareness workshops across the state. UCOA is an active partner in promoting brain fitness, educational outreach and programs offered sponsored by the Utah Alzheimer's Coordinating Council, support for caregiver initiatives to provide training and respite.

UCOA participated in the Alzheimer's Association Leadership Summit in San Antonio and focused on sessions using data for audience connection, current research funding and findings on Alzheimer's, and strategic partnerships in the community working with health systems

UCOA supports, participates, and helps promote the Walk to End Alzheimer's events.

Arts in Aging

Emily Christensen, a U gradate nursing student, is reframing the UCOA arts in aging offerings. She leads the Gleeful Choir, a grant-funded effort of Crescendo music for singers with dementia and their care partners. This effort brings under one umbrella, the Engage Arts in Utah and Music and Memory programs.

Caregiving

UCOA is supporting efforts to create and foster caregiving resources and tools and sharing information from national, state, and county support services. UCOA continues to foster dialogue and shaping the strategic purpose for the fledgling **Family Caregiver Network**, an experiment in bringing together stakeholders that provide caregiver education, services, or create resources in order to help the public navigate information and choice.

UCOA participates in the U College of Nursing's perspective initiatives group.

Key Issue Collaborations

July 2018—June 2019

Elder Justice

In addition to the grant work described above, UCOA partner and Utah Legal Services Director, Tanta Lisa Clayton is actively engaged in educating on the uniform Power of Attorney document for the State of Utah.

UCOA helped execute and moderate a full track of presentation topics at the sold-out Elder Justice Conference in Park City on May 9. UCOA recruited and helped moderate sessions on guardianship, collaborative Elder Justice roundtable, addressing the needs of the LGBTQ community, and arts-in-aging.

Sonia Salari, Ph.D. at the University of Utah Department of Family and Consumer Studies presented to the Commission a sobering look at rising violence in older adults. Her research includes family violence across the life course.

Emergency Preparedness

UCOA supports volunteer efforts by UCOA member Linda Milne giving presentations to local groups, churches, community centers how building networks to emergency evacuation specifically targeted to older and isolated adults (see podcast, “No One is Coming for You”). UCOA supports the efforts of Utah’s chapter of VOAD (Volunteer Organizations Active in Disaster) to assist in the dissemination of information on the realities of dealing with a major emergency.

Falls Prevention Alliance

UCOA partners Sally Aerts (UDOH), Marianne Christensen (SLCo), and Kristy Cottrell (Davis Co.) presented on our Falls Prevention Alliance at the N4A Conference.

The Utah Falls Prevention Alliance (FPA), under the leadership of State Senator Jani Iwamoto, successfully passed a legislative resolution that recognizes September 22 and Utah Falls Prevention Awareness Day.

Further legislative plans are in the works as is the future sustainability and structure of an effective FPA effort. Currently pursuing a grant to increase social media outreach and create public education tools for prevention awareness and techniques.

Utah Falls Prevention Alliance provided a report as requested by the ***U.S. Senate Aging Committee*** seeking community input on falls prevention.

Housing and Aging-In-Place

UCOA is partnering with another established conference under the leadership of the Utah Housing Coalition. UCOA will develop a track of five sessions targeting topics impacting vulnerable older adults from homelessness to aging in place. UCOA will also host a plenary session to discuss a new housing report recently commissioned from the U’s Gardner Institute and funded through UHC resources.

Key Issue Collaborations

July 2018—June 2019

SAGE, Diversity, and Vulnerable Populations

UCOA recently re-engaged new leadership at the SAGE program at the Utah Pride Center to collaborate on education and resource and need awareness.

Utah's Complete Count 2020

UCOA is committed to the 2020 Census effort by the state and has the specific responsibility for strategies to build awareness and engagement among older adults.

Other Programs and Activities

UCOA monitors many partner programs and where possible helps financially or with public policy matters. These programs include Cover to Cover, Utah Geriatrics Society, Utah Nursing Consortium, Utah Aging Alliance, Children's Service Society, and others.



Contact Information



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