

UTAH CREATIVE AGING COALITION



Supporting optimal aging through the creative arts by serving as a clearinghouse of information and education for participants and professionals in Utah's older adult communities.

Get to know the Utah Creative Aging Coalition!

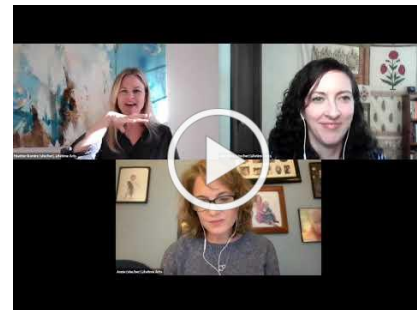


A Brief History

- 2014: Elder care professionals form the Utah Music and Memory Coalition, working for several years to bring personalized music to older Utahns with cognitive impairments.
- 2018: **University of Utah** publishes research on the effects of personalized listening.
- 2019: The M&M Coalition decides to expand their reach to include all arts, and the Utah Creative Coalition is born.
- 2020: Covid shuts down the world. The UCAC is officially on hold...
- 2023: The world opens back up and UCAC springs back to life!

Utah Arts and Museums Embrace Creative Aging

In 2021 the the **Utah Division of Arts & Museums** received a grant from the National Assembly of State Arts Agencies (NASAA), in collaboration with E.A. Michelson Philanthropy to support Creative Aging. Lifetime Arts was contracted to provided trainings to teaching artists, cultural organizations, older adult service organizations and libraries. Grants followed, and Creative Aging programs have been growing ever since!



Read the UA&M Creative Aging Impact Report

Utah Commission on Aging

Thanks to the Utah Commission on Aging for housing the Utah Creative Aging Coalition! The Utah Commission on Aging sponsors and manages [UtahAging.org](https://utahaging.org) as Utah's official statewide virtual resource center for older adults. Here you will find the [Arts and Aging](#) page, with resources that guide you to

arts education, live art experiences, arts with health challenges, teaching artists who are trained in creative aging and resources for professionals who work in the aging field. While you're there, check out Utah's only [interactive older adult event calendar](#), connecting all things aging!



Jewish Family Service



Meet your host, **Emily Christensen**, MS, MT-BC, **Jewish Family Service** Arts and Aging Coordinator. Emily is a music therapist and gerontologist who specializes in Creative Aging. She looks forward to supporting coalition members as we work together to bring creative experiences to Utahns in the second half of life!

Welcome UCAC Members!

Teaching Artists

Dana Worley
Dennise Gackstetter
Gabino Florez
Jennifer Love
Kandice Steadman
Nila Jane Autry
Sue Martin
Susan Snyder

Older Adult Providers

Crescent Senior Living
Jewish Family Service
U of U Geriatric Psychiatry Clinic

Municipal Organizations

Brigham City Museum of Art and History
Davis County Arts Council
Holladay Arts Council
Morgan County Library

Arts Organizations

Bad Dog Arts
Ballet West
Plan-B Theatre
Repertory Dance Theatre

Education

Nora Eccles Harrison Museum of Art
Utah Tech University, College of the Arts
Osher Lifelong Learning
U of U College Of Nursing: Gerontology

Not a member? Join here!

Upcoming Events

Granary Arts Shibori Workshop, March 31 - April 28

Zumba® GOLD at Woods Cross High, March 30 - May 4

Basic Drawing at Day Riverside Library, April 11 - June 8

Senior Steps Classes at various SLC based Senior Centers

Exploring Creativity online class, ongoing



Stay Connected!

Help us grow the Creative Aging movement in Utah! Like and share our posts on social media, drop us a line, ask questions or **let us help you** spread the word about your latest event!

utcreativeaging@gmail.com



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<https://ucoa.utah.edu/arts-and-aging/index.php>

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