

Elder Abuse

Available Affordable
Housing



Agenda

- Utah Demographics
- Switchpoint Solutions
- Community Solutions
- Final tips & takeaways


What is the aging population in Utah




Utah's population aged 65 years and above was 358,168 last year. As per the US Census Bureau's American Community Survey, this population is 11.08% of the entire population.

Ongoing Crisis

"In Utah, we are in a statewide affordable housing crisis," said Ormsby. "If the state loses over 40% of its federally subsidized rental units for low-income seniors over the next 25 years, more than 15% of those units could be lost by 2030."



Ormsby said unless programs such as Section 8 and the Low-Income Housing Tax Credit are properly funded, Utah could lose up to 120 senior housing units a year.



"Without this vital source of affordable housing," said Ormsby, "more than 3,000 senior households in Utah could experience housing instability and homelessness in the coming decades."



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Drop In Services



**Affordable
Housing**

Deeply Affordable Housing

Did You Know?

The median gross rent in Utah is \$1,098

Renter households have severe cost burdens and are paying more than 50% of their income for rent and utilities

This data demonstrates the lack of supply of affordable rental housing in Utah

Switchpoint Properties

Visit us at pointbyswitchpoint.org

The Point Salt Lake City, Utah (100 Units)

Opened 2021

What you need to qualify:

- Must be 55+ in age OR be a Veteran
- Must have proof of income
- Must have a deposit of \$200 (there is an opportunity to have the deposit waived, but must be approved by management.)



The Point St. George, Utah (48 Units)

Affordable studio and one-bedroom apartments for low income individuals and families.

Contact gordon.mccracken@switchpointerc.org to get on our waiting list.

The Point Apartments qualification criteria:

An individual must be ONE of these:

- Veteran
- Senior Citizen
- Clean for at least 6 months in Substance Recovery
- Manageable Mental Health issues

Must provide proof of residence in Washington County for at least 3 out of the last 5 years.

Clients must have a consistent income and provide pay stubs. Applicants cannot make more than \$2,420 a month (gross income).

Clients cannot be sex offenders. No violent offenses in the last 5 years. No possession charges in the last 6 months.



Social Connections and Health



According to CDC:

High-quality relationships can help people live longer, healthier lives. Social connection can help reduce the risk of chronic disease and serious illness, such as:

- Heart disease.
- Stroke.
- Dementia.
- Depression and anxiety.

Social connection can lead to longer life, better health, and well-being. It can improve:

- Our ability to manage stress, anxiety, and depression.
- Healthy eating habits and physical activity.
- Quality of sleep.

Community Crisis

Social connection not only has a positive effect on individual health and well-being, but it can lead to many positive outcomes at the community level.

Having supportive relationships:

- Helps communities thrive.
- Supports overall community well-being, health, safety, and resilience.
- Can encourage people to give back to their communities.

How Common is Lack of Social Connection?

Feeling Lonely



About 1 in 3 adults in the U.S.

Lack of Social & Emotional Support



About 1 in 4 adults in the U.S.



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WHY **SOCIAL
CONNECTIONS
MATTER TO
YOUR HEALTH**



Our Epidemic of Loneliness and Isolation Key takeaways from the U.S. Surgeon General's Advisory on the Healing Effects of Social Connection and Community

- Humans are wired for social connection, but we've become more isolated over time.
- Social connection is as essential to our long-term survival as food and water.
- Social connection significantly improves the health and well-being of all individuals.
- Social connection reduces the risk of premature mortality.
- Social connection is vital to community health and success
- Socially connected communities are more prepared for—and resilient in the face—of disaster situations. They also experience greater economic prosperity and reduced levels of crime and violence.
- Together, we can advance social connection and improve our State's public health.
- Our actions today can create sustainable changes to society and bring better health to all. We all have a role to play in supporting social connection.

Questions ? Or Comments

Thank You
Carol Hollowell