

Utah Commission on Aging

OCTOBER MEETING MINUTES

Date: Wednesday, October 9, 2013

Time: 1:00 – 3:00 PM

Location: Millcreek Community Center
2266 E. Evergreen Ave. (3435 S) Millcreek Township, UT 84109

X=Attended	INVITED ATTENDEES	REPRESENTING
	Members	
	Karla Aguirre (proxy for Jon Pierpont)	Utah Department of Workforce Services
	Rep. Stewart Barlow	Utah House of Representatives
X	Anna Dresó (proxy for Sarah Brenna)	Area Agencies on Aging
X	Barry Burton	UT Association of Counties
X	Michael S. Cupello	Public Safety Sector
	Teresa Garrett (proxy for David Patton)	Utah Department of Health
	Danny Harris (proxy for Alan Ormsby)	Aging Advocacy Organizations
X	Nels Holmgren (proxy for Palmer DePaulis)	Department of Human Services
X	Becky Kapp (Chair)	Health Care Provider Industry
X	Gary Kelso	Long-Term Care
X	William (Bill) Knowles	UT Transportation
X	Mayor Daniel McArthur	Utah League of Cities & Towns (St. George)
X	Alan K. Ormsby, J.D.	AARP, Aging Advocacy
X	O. Fahina Tavake Pasi	Ethnic Minorities
	David Patton	Utah Department of Health
X	Anne Peterson	Executive Director, Utah Commission on Aging
X	Senator Brian Shiozawa, M.D.	Utah Senate
X	Mary Street	Business Community
X	Mark Supiano, M.D.	Higher Education
	Frances (Fran) Wilby	Charitable Organizations
	Nate Talley (proxy for Spencer Eccles)	Governor's Office of Economic Development
X	Troy Wilson	Legal Profession
X	Elizabeth (Bette) Vierra	General Public
	Kimberlee Willette	Office of the Governor
X	Tracey Larson	Financial Institutions
	Guest	
X	Jilene Gunther, MSW, JD	Division of Aging & Adult Services
	Staff	
X	Holly Abel	Program Coordinator, UT Commission on Aging
X	Rhonda Hypio	Program Coordinator, UT Commission on Aging
X	Jennifer Morgan	Director, Aging & Disability Resource Center (ADRC)

1. **Welcome New Member Tracey Larson, Announcements, Minutes Approval** – Becky Kapp

Chair Becky Kapp convened the meeting. **August meeting minutes** were approved after a slight change requested by Jen Morgan that funding was pending in August, and was then not approved.

Tracey Larson of the Bank of American Fork was introduced as the Commission’s newly appointed representative for Financial Institutions. She gave a small bio of herself, her background in working with aging agencies, and experience with aging issues related to ensuring financial security.

Anna Dresø attended on behalf of Sarah Brenna. She shared a brief background on the new multi-use building we were meeting in. This pioneering pilot program combined a community Library, Park & Recreation facility, Senior Center, and Catering services for meals. All groups had to collaborate together in order to make this a successful venture. The facility has proven to be extremely popular and is now viewed as an innovative model nationally.

2. **Presentation: “Exploring Medicaid Expansion Options for the State of Utah”**
Senator Brian Shiozawa, Utah State Senate

Senator Shiozawa gave his presentation— A report on the Governor’s recent summit. He brought one of the recent publications **“Changes to Health Insurance in 2014: What YOU should know, and why you should care”**. (This brochure is available online at www.healthcare.gov) Medicaid expansion was discussed: In 2012 Justice Roberts upheld the Affordable Care Act. There is a large divide in the country over whether and how Medicaid should be expanded. Surrounding states were represented at the summit. Other states appear to have embraced Medicaid expansion. Pros and Cons of Medicaid expansion were discussed. Only Idaho decided not to expand. Examples / pros and cons were given of how Medicaid affects families and affects our state and fiscal issues. The Governor has the duty to determine whether to expand or not expand Medicaid. Group from 19-64 years are being focused on. The governor is still pursuing this – looking into Arkansas philosophy. Senator Shiozawa acknowledged the UNINSURED in Utah is a primary issue, and the focus will be on how to address the issue, controlling and balancing quality versus cost. People over 65 are eligible for Medicare and are also eligible for Medicaid; Medicare is the default coverage. The expansion does NOT include persons over 65.

Utah Health Innovation Plan – Anne wanted to know what the timeline is.

3. **Senior Housing Report: Outcomes and Recommendations / New Trends Brochure** –Anne Peterson

Anne Peterson introduced the new Housing Options brochure created by the UCOA Senior Housing Workgroup– the Senior Housing Workgroup identified objectives and they were able to deliver a new brochure to clarify terms for zoning regulations. The brochure promotes developing a common vocabulary for different types of Senior Housing, provides a glossary of terms and example images, and creates a common language.

Anne’s Key Talking Points:

- a) Education was the goal
- b) Product/Output – New Trends brochure and now on AARP and Commission on Aging websites.

- c) Approx. 100 municipal planners heard it and surveys showed Planners find the nebulous state code for housing for the elderly of little use.
- d) Future Presentations: tah Land Use Institute workshop on the politics of zoning, Oct. 30
- e) League of Cities and Towns – Fall Conference invitation

All Commission members were encouraged to distribute the brochure through their various connections and means. If hard copies are desired, please contact Anne or Holly. The pdf is available online at these links:

www.aging.utah.edu/programs/Utah-coa

www.Aarp.org/ut

www.Utah-apa.org

www.Taylorsvilleut.gov/community_development

Questions regarding what to do next with the guidebook:

- **Do we apply our influence on city planning commissions?**
- **Plan is to convene the working group to discuss dissemination opportunities after the Oct. 30 Utah Land Use Institute workshop.**

SLC is working on a new downtown master plan. Anne has been involved in that. There are “living room discussions” being organized for discussions. Anne has details for those interested.

Mayor Dan McArthur shared that in Washington County they often do not want “high density” senior housing or subsidized senior housing. The City has waived the impact fees for one Senior Housing project recently. There are concerns about support for this through community and state, and there have been Public transit difficulties and restrictions.

4. ePOLST and ADRC Update and Discussion – Anne Peterson

The Utah Commission on Aging has been selected as the entity to lead electronic Medical Registry effort into implementation toward sustainability. HealthInsight completed their management of the grant and the UCOA has applied for and received a subcontract to take the effort into implementation and sustainability. The Dept of Health has some unmet objectives for the Medical Registry (IT side). Part of the grant has gone to the Health Department for the IT portion.

The Utah Commission on Aging is going to manage the training and work with stakeholders to create a sustainable governance structure. This is anticipated to be a one year effort.

The goal is to identify the most likely users of the ePOLST which will start with the 100 People most likely to sign death certificates and then working backward to educate the physicians.

Talking Points:

- a) Beacon Community Improvement Grant Subcontract
- b) Create Advisory Committee

- c) Legal Review
- d) Training, for whom, by whom?
- e) Training Materials
- f) Still revising the ePOLST form
- g) State Innovations Subcommittees and POLST

Next Action: Oct 24 meeting to divvy up tasks with UDOH, and then begin development of a training plan.

5. Aging and Disability Resource Connection (ADRC) Update

Jen Morgan reported Good News! The ADRC was selected for another year of funding. Not all ADRC's were selected. Jen Morgan and Rhonda Hypio were congratulated on moving into a 5th year. Long-term services and supports will continue forward through 2014.

It was noted by Jen Morgan that the ADRC's services for veterans were also funded for another year. There will be expansion into the Moab area, and onto the Reservations. They are also expanding into the St. George / 5 County areas to provide more outreach to the Veterans in the community.

6. Guest Presentation: **“Utah Cost of Financial Exploitation Study”** **Jilene Gunther, MSW, JD - Legal Services Developer** **Division of Aging & Adult Services** www.legalguide55.utah.gov

Jilene Gunther, Legal Services Developer with the Division of Aging & Adult Service gave a PowerPoint presentation representing the Utah Division for Aging and Adult Services; Legal Services operations. She addressed the cost to states and communities of Financial Exploitation of Seniors. She investigated how the perpetrators are stealing. It is done in many ways: Credit cards, checks, cash, withdrawals, scams. Predators are more likely to go after seniors with disabilities / mental health issues / dementia etc. The Perpetrators that steal the most from seniors are actually the children. 57% of people who exploit are family members. There are more than one method to exploit, and more than one hand in the cookie jar. Most often the children use more than one method to steal from their elderly parents.

Jilene shared an INFOGRAPHIC HANDOUT, paid for by the BANK OF AMERICA. She also shared copies of the “Navigating your Rights” book which she personally spent years developing and months investing her own personal time in writing and getting printed and distributed.

Key Talking Points:

- a. \$7.7 million dollars are lost to Medicaid for those who have lost all their money from theft. The government and taxpayers end of having to care for these people.
- b. Attorneys recommend a monitor to be assigned to an account (without access to the account) to watch what is happening.
- c. “General Financial Power of Attorney” Means someone has power to use “in best interest”.
- d. Need better protections. Need training at the banks because financial exploitation is happening at Financial Institutions.
- e. Create a model Training Program at a bank.

- f. Train medical professionals to know the signs of financial exploitation. A place that the seniors have to come to and could be monitored.
- g. Currently it is too easy to transfer property.
- h. Myths about probate law: need to educate people and financial institutions.
- i. DHS.utah.gov - proposition and legislation proposed to help prevent
- j. "Navigating Your Rights" book that she wrote. She would like tips on how to distribute it. She told the story on how it was miraculously developed.
- k. Books can be obtained by calling the number on the back of the book. There is a version online www.legalguide55.utah.gov(downloadable) FREE.
- l. American Fork Bank does market the account monitors (info on bankaf.com) – online banking is 24/7 and allows someone with read-only access.

7. Other Business from Commission Members

The 2014 meeting schedule was proposed. It was resolved that meetings will be held on second Wednesdays (bi-monthly), from 12-2 PM or 1-3 PM. Dates are listed below.

This Meeting Was Adjourned at 2:45 PM

2013 Commission Meeting Calendar

- **12:00-1:30 p.m. December 4th** - location University of Utah Union Building, Parlor A
 - **200 South Central Campus Drive, SLC UT 84112**
 - **Driving and Parking Details** [LINK](#)
 - **Members will need to RSVP to Holly** for the luncheon holly.abel@utah.edu
Holly will be sending an official invite & reminders.
- **2014 Proposed Meeting Schedule for Utah Commission on Aging**

Bi-monthly meetings are proposed for Wednesdays - held either 12-2 PM or 1-3 PM on following dates:

- **February 12**
- **April 9**
- **June 11**
- **August 13**
- **October 15**
- **December 10**

Other Meetings of Interest

- **Utah Aging Alliance 22nd Annual Meeting** - "Building a Better Life for You." Oct. 10, 2013
Yarrow Hotel, Park City UT <http://www.utahagingalliance.org/conferences.html>

Meeting minutes recorded by:
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