



## Utah Commission on Aging: December 2015 Meeting Minutes

**Date:** Wednesday, December 9, 2015 **Time:** 12:00-1:30 PM

**Location:** University of Utah Union Building, Parlor A. 200 Central Campus Dr. SLC, UT 84112

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Luncheon Served

### Welcome, Minutes Approval, Strategic Planning Recap – Becky Kapp

- a. Recap: our October strategic planning meeting went well, but there is more to be done. Every Commission member may have Time, Expertise, or Relationships to contribute. Please be thinking about your contribution! We will have a more focused strategic planning retreat in the coming year (2016) with the following topics under discussion:
  - i. To focus our efforts on the most vulnerable seniors and support services, with an emphasis on the more rural areas of the state.
  - ii. Transportation (especially rural).
  - iii. Revisiting the 2030 plan to become a 2040 plan.
  - iv. Possibly revising the Commission's mission.
- b. Salt Lake City is making efforts to become an Age-Friendly City, receiving the World Health Organization/AARP designation. Additional research and involvement opportunities to come.
- c. Anne was able to present the Commission's Annual Report to the Legislature. A special Thank You to Senator Shiozawa for requesting time on the Health and Human Services agenda for this.

### Financial Fraud Committee Report – Anne Palmer/Alan Ormsby

- a. Alan Ormsby is the new Chair of the Committee. The Committee will meet again on December 21 between 12:30-1:30 at AARP to discuss the scope of the problem and potential solutions. Please contact Alan if you would like to get involved!

### Financial Exploitation Presentation – Jilene Gunther and Tracey Larson

Thank you Jilene and Tracey, who gave an informative presentation on the statistics and scope of senior financial fraud. Some key points from their presentation include:

- a. Stats show that *1 million dollars a day is lost by Utah Seniors*. This is an underestimate, as it only looks at the claims that can be substantiated.

- b. The *average amount lost is \$120,000 per victim*, which is how much the average person has saved for retirement.
- c. It is important to examine *patterns to attempt to determine vulnerabilities* and engage in prevention.
- d. Money is often accessed by family members through bank accounts and investment accounts. *Fight exploitation at the point of vulnerability*, before the money leaves the account.

### **Summation and Next Steps – Becky Kapp and Anne Palmer**

**Next Commission Meeting:** February 11, 2016. The Alta Club, Eagle Gate Board Room – 100 East South Temple, SLC UT 84111  
**The Commission will revisit strategic planning items at this time.**

### **Meeting Adjourned – Enjoy Your Holiday!**

#### Attendance:

Andrew Jackson

Becky Kapp

Tracey Larsen

Alan Ormsby

Mark Supiano

Bette Vierra

Nels Holmgren

Anne Palmer

Gina Uhlstein

Lewis Singer

Cindy Turnquist

Lynn Mainor

Blake Rose

Deborah Parker

Nancy Madsen

Gary Kelso