



Utah Commission on Aging

Rob Ence, Executive Director

UCOA Meeting Agenda

February 9, 2017

12:00-1:30 PM

Bateman Horne Center Education Facility

24 South 1100 East #205, SLC UT 84102

(Free parking on street or west of office building – BHC Education Room at north end of 2nd floor)

Lunch Provided by Mountainlands Association of Governments

Welcome and Minutes Approval (5 min)

Andrew Jackson, UCOA Chair

Introductions were made. Minutes approved from the December meetings.

Rob Ence expressed thanks to Andrew and the Mountainlands Association of Governments for providing the lunch.

Executive Director Comments (15 min)

Rob Ence

- Reauthorization update – currently the legislative bill SB22 for UCOA is going through the processes. **By the end of the day, the Utah Commission on Aging Sunset Amendments bill had cleared both houses with all changes requested.**
- Statutory changes – Sunset moved to 2027, required meetings minimum from six meetings a year to four, and the addition of a 22nd voting member, a representative from the Alzheimer's Association. **The four main meetings are scheduled in the calendar but might need to adjust as conflicts are discovered.**
- Logistics – dates, times, purpose, location (Noon or other hour?). **We will rotate locations but meetings will continue to be at Noon.**
- Committee work – after a vote the preference is to keep the meetings at Noon with the option for members to Skype. **Committee meetings will be set at a similar hour in the interim months.**
- Strategic Priorities for 2017 – all outlined under each core work group and contained in the pre-meeting briefing doc and as follows.

Community Outreach and Partner Discussion (15 min)

All

Public, government, and business sectors understand the opportunities and challenges of older adults.

- a. Enhanced living opportunities for older adults are promoted

- b. Services and functions of public and private providers are coordinated
- c. Public is better equipped to manage choices affecting older adults

Key 2017 Outcomes

- Increased relationship and engagement with U4A
- Contributed to awareness and effectiveness of programs, services, and provider networks
- Delivered on program results for key initiatives, e.g. Bank Safe, MMUC, Advanced Care Coalition, etc.

Public Policy Discussion (15 min)

All

Makers, influencers and their staff have current, objective recommendations on specific policies, procedures, and programs.

- a. Legislators are briefed regularly on policy, procedures and programs
- b. Municipal and local governments receive relevant guidance to assist future planning

Key 2017 Outcomes

- Built a team of UCOA legislative champions
- Created links to Association of County Governments and League of Cities and Towns
- Strengthened the relationship of and support for UCOA within key agencies

Additional Meeting Notes:

- Updates heard from
 - Alzheimer’s Association and DOH bid to expand awareness program – Ronnie D reported
 - Health Care Workforce Assistance Program with AUCH passed, funding being sought
 - Falls Prevention joint resolution clears early stages for study
 - DHS and U4A efforts to education needs around alternatives program and ombudsman shortages – Nels H and Kristy C reported.

Research and Academic (15 min)

All

Utahns have the most current research, information, and promising practices related to issues of aging.

- a. Informative research is identified, assessed, and shared
- b. Public comment is incorporated in all meetings and events
- c. Best practices and programs from other state and national partners are embraced

Key 2017 Outcomes

- Deepen ties with Center on Aging network including Utah GIP and other academic institutions
- Expanded national network of resources and contacts
- Contributed to and consulted on several relevant research projects

Meeting Notes:

Taking Care of Our Parents

Christie North/Debra Scammon

The Focus of the project on the needs of family caregivers taking care of elderly patients with multiple chronic conditions. Conversation about research project and request of the Commission to help identify providers and practices that they feel have implemented exemplary practices to integrate family caregivers into the care teams for elderly patients. Introduction to a community collaborative, the BUILD Health Challenge. Funding from BUILD requires that a community organization, a local health department, and a hospital collaborate on a project to improve the health of the population. Specific requests and updates to follow.

Women's Health Project

Katarina F. Felsted Project

This was not discussed in detail in the meeting but requesting ALL commission members to review, share, and post the attached flyers. This partner project is looking for up to 50 participants in an older women's class and study related to urinary incontinence. We need to get the word out.

Other Items:

- **Music and Memory Utah Program** will be facilitating a re-envisioning session to redefine scope and mission and expand reach of engagement in other music strategies and the performing and cultural arts.

Study at the U seeking enrollment. Criteria listed in the pre-meeting briefing.

- Utah Aging Alliance discussions reported. Future uncertain. Asked Commission to think about if professional networking and educational sharing exists and the best way to address going forward.
- Please review details for other items in the briefing packet.

Communications Plan Updates (15 min)

All

Utahns receive timely and relevant education, policy, and research information through multiple media channels.

- a. Social Media effectively engages target audiences
- b. Website is current and relevant
- c. UCOA is accountable to its stakeholders

Key 2017 Outcomes

- Designed and launched new UCOA website
- Launched Social Media effort
- Reconnected with key media contacts
- Created content programming

Meeting Request:

- Interested participants in website test project to call Rob

Start pulling these things together:

- Communications/Social Media Contact
- Photos (head shots) and Bios
- Calendar Items
- Program Promotion Information

Upcoming Events

Commission meetings – entire body

- 05/04/17 – Location will be at AARP 6975 Union Park Center #320 Midvale - Noon
NOTE THIS IS A CHANGE – 5/11 conflicted with Senior Abuse Conference
- 08/10/17 – Location Bateman Horne Center 24 South 1100 East #205 in the Education Center – north end of floor 2 – public policy focus with political leaders exchange
- 11/09/17 – Location TBA – 2018 planning, etc.
- Committee meetings – watch for follow up on committee participation options.

Other events and meetings

- 1/23/17 – 3/9/17 Utah Legislature
- 3/20/17 – 3/24/17 American Society on Aging in Chicago
- 4/21/17 – End of Life Summit Doty Education Center, IMC Complex
Flyers attached. Please spread the word.
- 4/27/17 – 4/28/17 Center on Aging Retreat at the James L. Sorenson Molecular Biotechnology/USTAR Building, 36 South Wasatch Drive, Salt Lake City
Flyers attached. Please spread the word.
- 5/4/17 – Next UCOA meeting at AARP Utah
- 5/11/17 – Senior Abuse Conference in Cedar City

Next Meeting – **May 4, 2017**

Location – AARP Utah Offices in Midvale

Meeting Adjourned (1:40p)

Members in Attendance:

Ron Bigelow
Kristy Cottrell
Rob Ence
Dave Gessell (audio)
Nels Holmgren (Ann Williamson)
Andrew Jackson
Gary Kelso
Tracey Larson
Joseph Miner
Alan Ormsby
Deepthi Rajeev (audio)
Lewis Singer
Bette Vierra
Troy Wilson
Marion Davis (Jon Pierpont)

Members Excused:

Mark Supiano
Cindy Turnquist

Guests in Attendance:

Sally Aerts (audio)
Ed Blake
Ronnie Daniel
Marion Davis
Janice Evans
Margene Luke
Christopher Katis
Allie Miraglia (audio)
Christie North
Deborah Parker
Nate Salazar
Debra Scammon
Allie Spangler (audio)
Wendy Thomas
Heather Podolan

Utah Commission on Aging
February 9, 2017 - Pre-Meeting Briefing Materials

Please take a moment and review the material before the meeting if possible.

UCOA Strategic Priorities 2017

Global End Goal: Utahns age with purpose, engaged and prepared for the opportunities and challenges of aging.

1. Research and Academia: Utahns have the most current research, information, and promising practices related to issues of aging.
 - a. Informative research is identified, assessed, and shared.
 - b. Public comment is incorporated in all meetings and events.
 - c. Best practices and programs from other state and national partners are embraced.

Key 2017 Outcomes

- *Deepened ties with Center on Aging network including Utah GIP and other academic institutions*
 - *Expanded national network of resources and contacts*
 - *Contributed to and consulted on several relevant research projects*
2. Public Policy: Makers and influencers have current, objective recommendations on specific policies, procedures, and programs.
 - a. Legislators and their staff are briefed regularly on policy, procedures, programs.
 - b. Municipal and local governments receive relevant guidance to assist future planning.

Key 2017 Outcomes

- *Built a team of UCOA legislative champions*
- *Created links to Association of County Governments and League of Cities and Towns*
- *Strengthened the relationship of and support for UCOA within key agencies*

3. Outreach and Education: Public, government, and business sectors understand the opportunities and challenges of older adults.
 - a. Enhanced living opportunities for older adults are promoted.
 - b. Services and functions of public and private providers are coordinated.
 - c. Public is better equipped to manage choices affecting older adults.

Key 2017 Outcomes

- *Increased relationship and engagement with UAA*
- *Contributed to awareness and effectiveness of programs, services, and provider networks*
- *Delivered on program results for key initiatives, e.g. Bank Safe, MMUC, Advanced Care Coalition, etc.*

4. Communications: Utahns receive timely and relevant education, policy, and research information through multiple media channels.
 - a. Social Media effectively engages target audiences
 - b. Website is current and relevant
 - c. UCOA is accountable to its stakeholders

Key 2017 Outcomes

- *Designed and launched new UCOA website*
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UCOA Stakeholder Briefings

1. Research and Academia

CACIR and MMUC - Imaging study through the University of Utah's Center for Alzheimer's Care, Imaging & Research (CACIR) on the effects of personalized music on the brain. Participants who meet the following criteria can be referred to Ellie Goldberg at JFS:

Age of Participants: 60+

Inclusion Criteria:

1. Diagnosis of probable AD (Mild) and pre-existing neuropsychological assessment including IQ, quantitative memory testing, and structured medical interview.
2. All study participants will receive audiologic function screening prior to participation in MRI to confirm normal hearing.
3. MoCA 12 or greater

Exclusion Criteria:

1. Major depression
2. Axis I psychiatric disorder
3. Epilepsy
4. Parkinsonism
5. Traumatic brain injury
6. Stroke
7. Other co-existing neurological disorder

Taking Care of our Parents - Focus of the project on the needs of family caregivers taking care of elderly patients with multiple chronic conditions. Conversation about research project and request of the Commission to help identify providers and practices that they feel have implemented exemplary practices to integrate family caregivers into the care teams for elderly patients. Introduction to a community collaborative, the BUILD Health Challenge. Funding from BUILD requires that a community organization, a local health department, and a hospital collaborate on a project to improve the health of the population.

Utah Aging Alliance – Ongoing conversations with organization to help assess purpose, dwindling support of annual conference, future re-envisioning possibilities.

2. Public Policy

UCOA Engagement in Public Policy – How and when to weigh in representing the body of the Commission

UCOA Statutory Amendments – Three key objectives this session:

- a. Extend the sunset provision
- b. Adjust the membership and meeting requirements
- c. Appropriations increase

DAAS Budget Requests – Alternatives and Ombudsman Programs

Falls Prevention – Joint Resolution, etc.

Alzheimer's Outreach Appropriations Request – one-time request for comprehensive outreach program to build statewide awareness for recognition and care options

Health Care Workforce Assistance Program Reauthorization – passed; now funding challenges (AUCH, Rep Ed Redd)

3. Outreach and Education

Age-Friendly SL Co Initiative - Update from September 14th status of the need to identify other resources and refine indicators for desired outcomes. Representation includes SL Co Housing Authority, various departments within SL Co, Sandy City, UTA, AARP, U of U, Utah Foundation, APS, Catholic Community Services, Jewish Family Services, IHC, DAAS, USU. Work groups are:

- Transportation & Housing
- Social Participation & Community

Groups utilize the Healthy Cities Initiative as their guide.

Partnership for a greater Salt Lake

The “Improving Prosecution of Financial Crimes against Vulnerable Adults”

Financial crimes against vulnerable adults cost at least \$1 million every week (\$52 million per year). Comprehensive legislation is needed both to address current gaps

in prosecutorial authority and to provide needed resources. Goal to create “white paper” to drive legislative strategy.

Advance Care Planning (ACP) Advisory – Combined Commission members with ACP Advisory group (created by State Innovation Fund). Purposes defined:

1. Empower patients/families to engage in informed EOL care conversations within families and their providers,
2. Provide training to providers to facilitate these discussions and integrate documentation of the discussion into provider-workflow, and
3. Enhance the portability and accessibility of documented preferences at the time of need using a secure electronic process.

Current work:

1. End of Life Summit – 2nd annual event in April – flyers available
2. ePOLST Update – proposed 3-year plan with DOH and partners

Music & Memory Utah Coalition – Partners engaged in re-envisioning process to redefine scope and end game of the coalition effort. April session planned to map out future efforts beyond the current offerings to include creative arts, research components (CACIR), etc. Past and current offerings include iPod placement program, “Alive Inside” screenings, and educational outreach.

SLV Habitat for Humanity “Aging in Place Initiative” – SLV HH has provided services that improve the health and safety of low income home owners for several years. Partnering with Green Health Homes Initiative to screen candidates where unique aging in place needs to ensure problems weren’t missed that may contribute to negative effect the health and safety of the homeowner.

Bank Safe Initiative – Contributing to the state and national content to develop effective online training for bank and credit union employees to recognize and act in matters of financial exploitation of older customers and their families before the money leaves the account. Will be conducting outreach with banks, credit unions, and financial firms to disseminate the online training.

4. Communications Updates

Website – Rebuild underway with University of Utah IT. Prototypes have been reviewed in and out of state. Content frame established and now designing a feedback process with ten stakeholders to create a logic flow to the content. New separate URL created and expecting launch within 30 days. Need contacts to develop pipeline of content and to help prioritize the promotion of our collective network issues and programs.

Action Items

1. Communications/Social Media Contact
2. Photos (head shots) and Bios
3. Calendar Items
4. Program Promotion Information

Master Calendar

- a. Commission meetings – entire body
 - i. May 11 Programs, research, academics, etc.
 - ii. Aug 10 Public policy session, legislators, etc.
 - iii. Nov 9 2018 planning, etc.
- b. Jan 23 to Mar 9 UT Legislature
- c. Apr 21 EOL Summit – Doty Education Center, IMC Complex
- d. Apr 27-28 Center on Aging Retreat
- e. Mar 20-24 American Society on Aging
- f. Jul 23-27 IAGG/GSA Conference San Francisco
- g. ??? Senior Fraud Summit