



Utah Commission on Aging

Wednesday - February 7, 2018

11:00 AM MT

(followed by lunch reception at Noon)

Meeting Packet

State Capitol Board Room

350 East State Street

Join via Zoom Video <https://zoom.us/j/145749767>

Or Telephone: 1 669 900 6833 or 1 646 558 8656

Meeting ID: 145 749 767





UCOA Meeting Agenda February 7, 2018

11:00 AM - 12:00 PM
Business Meeting

12:00 PM – 2:00 PM
Legislator Lunch Reception with Falls Prevention Alliance

State Capitol Board Room
350 North State Street
(Board Room East End of Rotunda Level))

Join via Zoom Video <https://zoom.us/j/145749767>
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Lunch Provided by Utah Hospital Association (Dave Gessel) and UCOA

UCOA Business Meeting

11:00 Welcome and Introduction of New Member and Community Partners
Nov 9 Meeting Minutes/Comments

11:10 Executive Director Report Rob Ence

11:10 Practice and Community Education Sally Aerts

- Falls Prevention Alliance – *see briefing*
- BankSafe Initiative – *see briefing*
- ePOLST workgroup – *see briefing*
- Utah Legal Services/APS/UCOA Dept of Justice Grant
- Arts and Aging/EngAGE Utah - Music & Memory Utah Coalition

11:20 Public Policy & Legislative Activity

- Engaging legislators and the legislative process Dave Gessel
- Utah Nursing Consortium Teresa Garrett
- Aging services funding Ronnie Daniel

(Public and partner comment and input welcomed throughout)

- U4A – Meals on Wheels
- Other Issues

Kristy Cottrell

11:40 Communications

Janice Evans

- Podcast Launch “The Rap on Aging” – *see briefing*
- Production pace, topics, possible sponsorships
- Topics stories for podcast and financial fraud grant w ULS & APS

11:50 Partner and Public Input

11:55 UCOA Business Meeting Adjourned

Next UCOA Meeting:

*May 10, 2018 – Wednesday, Hold 11:30 – 2:00 PM
AARP Offices in Midvale*

Other important dates:

*April 5-6, 2018 – Thursday, Friday All Day
Center on Aging Retreat at University of Utah*

*April 26, 2018 – Thursday, 8 AM to 1 PM
End of Life Care Summit at the IMC Doty Education Center*

*May 15, 2018 – Tuesday, 8 AM to 6 PM
U4A Senior Fraud Conference in Richfield*

UCOA & FPA Legislator Reception

12:00 Noon

Lunch

Welcome to Legislators and Falls Prevention Alliance

Sen. Jani Iwamoto

FPA work to date and future

Sally Aerts & Sen. Jani Iwamoto

Website launch

Networking

2:00 Adjourn

Partner Update Briefings

Creative Aging in Utah

With encouragement from the National Endowment for the Arts, the Utah Division of Arts and Museums participates in a network of other state arts agencies that empowers the growth of the creative aging field based on the groundbreaking research that found a direct link between creative expression and healthy aging.

Coordinated by the National Center for Creative Aging, this national network fosters an understanding of the vital relationship between creative expression and healthy aging to help older adults to creatively flourish across their lifespans. In addition to serving healthy older adults, creative aging programs can be designed to serve the frail, such as Alzheimer's patients, and intergenerational audiences.

Since 2015, the Utah Division of Arts and Museums has partnered with EngAGE Utah, a creative aging nonprofit, to train professional teaching artists how to work with older adults, updated Utah's Area Agencies on Aging and Mountain West Arts Conference participants and launched creative aging pilot programs. These initiatives were evaluated by the University of Utah for participant engagement and positive health outcomes.

A 2017 survey shows that creative aging programs involving professional teaching artists are now offered by the state's leading arts organizations, such as, Utah Symphony and Opera, Ballet West, Repertory Dance Theatre, and Ririe-Woodbury Dance Company. Many of Utah's major universities, local arts councils, and community-based organizations offer more than 20 creative aging and lifelong programs that serve more than 5,000 older adults throughout Utah.

The Arts Council of Washington County has sponsored The Creative Age Symposium in 2016 and 2017, with plans underway for 2018. The conference features presentations from national and state leaders in arts education, healthcare and policymaking, examining the importance of various art disciplines for older adults in improving their cognitive abilities, their mobility and balance, and improvements in their overall wellness and happiness in their senior years. With its growing retirement communities and the state's strong cultural resources, Washington County is poised to be the creative aging center of the United States. This multidisciplinary conference provides CEU credits in several fields, and is designed to educate aging services providers, healthcare professionals, caregivers, artists, art therapists, and seniors seeking to live a creative and active life.

With this enthusiastic start, EngAGE Utah is now focused on securing ongoing funding from public and private sectors to expand creative aging programs into the cultural life of Utah.

Music & Memory Utah Coalition

MMUC regrouped after a 9-month hiatus with program partners on Thursday, Feb 8. The Music and Memory Program is still active and growing and the coalition is addressing expanded scope of influence with arts organizations and initiatives. Ellie Goldberg, a core founder of the program in the community (at Jewish Family Service), has taken a new position at the University of Utah.

Crescendo Music Therapy

Crescendo Music Therapy has partnered with Jewish Family Service and EngAGE Utah to start our dementia choir. Start date will be March 13 from 1:30 - 3:00 pm at Congregation Kol Ami (2425 Heritage Way, Salt Lake City). JFS has arranged for the donated rehearsal space and EngAGE UT has found a grant that will fund the choir for 3 months. We are currently looking for additional funding to sustain this choir long term. To recruit members, caregiving support groups have been contacted, as well as all area Senior Centers.

Alzheimer's Association

Over the past year, the Alzheimer's Association, Utah Chapter has successfully worked to achieve objectives in each of our strategic pillars of: Growing Concern and Awareness, Public Policy, Increasing Care and Support, and Advancing Research. Some highlights were that we generated nearly 38 million media impressions resulting in a 50% increase over the prior year. We also grew visits to our website by 15%, with over 187,000 visits. We recruited over 3,000 grassroots advocates to help drive awareness of critical issues with state legislators and Congressional members. We had a 10% increase service contacts with 81,000 engagements. Finally, we increased participating in TrialMatch, our Alzheimer's research registry by 20%. We are excited about our impact and our plans to continue to expand our reach and engagement with the more than 30,000 people living with dementia and their 148,000 caregivers statewide.

Utah Geriatric Education Consortium (UGEC)

The Utah Geriatric Education Consortium (UGEC) was established in July 2015 at the University of Utah College of Nursing to improve primary care in the

long-term care setting through interprofessional education of the workforce, including pre-professional health professions students attending the University of Utah and long-term care health providers throughout Utah. UGEC was established in collaboration with the Health Resources Services Administration (HRSA) and is funded by the Geriatric Workforce Enhancement Program (GWEP) initiative, which focuses on improving primary care and dementia care of older adults.

The University of Utah is the only recipient of a GWEP grant focusing on long term care and participating faculty are from nursing, medicine, social work, physical therapy, and pharmacy. Long term care partners include Avalon Health Care and Mission Health Services facilities throughout Utah. Health Insight, the Quality Improvement Organization in Utah, and the Alzheimer's Association of Utah are community-based partners.

The UGEC includes programs to: provide continuing education for medical directors, long-term care nurses and administrators; interprofessional experiences for University of Utah students; specialized training for nurse practitioner students committed to working in long-term care, end-of-life and advanced care planning for older adults in the community, and an Alzheimer's Disease and Related Dementias (ADRD) program. For more information about UGEC programs, please contact UGEC Program Director, Linda Edelman PhD RN (linda.edelman@nurs.utah.edu).

Children's Service Society (CSS)

The mission of Children's Service Society (CSS) is to empower families and caregivers through services that support the safety and well-being of children. Services are designed to prevent child abuse and neglect.

Organized in 1884, CSS is the oldest non-denominational agency in Utah that focuses on children. The original purpose was to help destitute, neglected, and orphaned children and to assist working mothers. In 1926, the agency began providing foster care services for hundreds of orphaned or destitute children who came from Utah and the Intermountain West. Services have evolved throughout the years to meet society's needs, but the agency's focus remains unchanged.

The mission of the agency is accomplished through the services of Adoption, Grandfamilies Kinship Care, Home Visitation, and Care About Childcare.

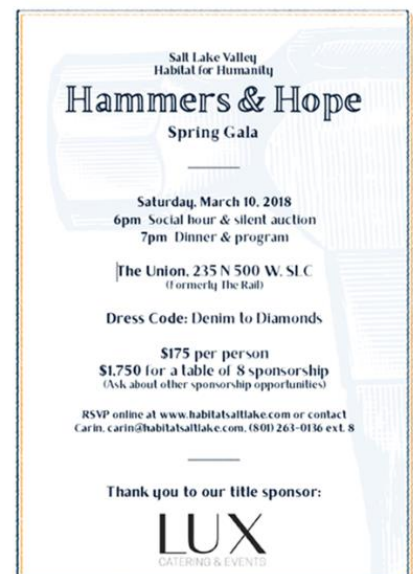
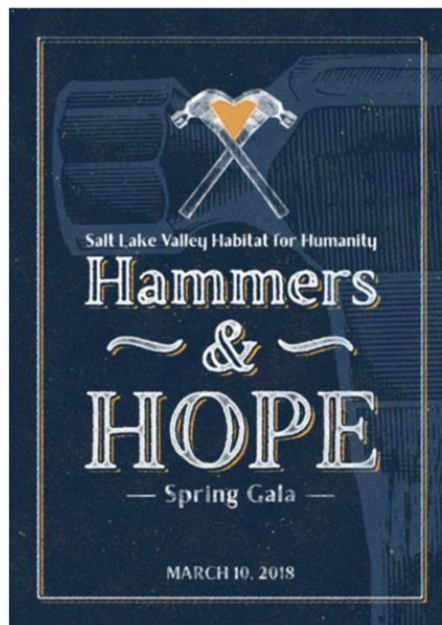
Habitat for Humanity

Habitat for Humanity is currently building 20 homes in Kearns for families deserving of decent housing which adds to the 95 homes we have built in Salt Lake County to date. Our Habitat homes house 347 people and 237 are children. These families have an opportunity to break out of intergenerational poverty, their children have a chance to attend college, and an opportunity to live in a stable environment where they are not moving every time the rent changes. But did you know they also pay back everything that was given to them through their mortgage which pays it forward for future families? Your support keeps giving.

“I have come to believe that I belong—which is as much a part of Habitat as the homeownership. I belong as a community member. I also have something to contribute. ... Habitat for Humanity has given me the chance to feel that I have hope for the future. For the first time in my life, I have the time to stop worrying about survival long enough to plan for the future.”—SueAnn Belknap, Habitat homeowner

Our critical repair program has helped 266 people in Salt Lake County live healthier lives. This five-year old program focuses on homes that are making people sick. Children are now attending school each day because their asthma is gone. Lead based paint has been remediated to provide a better future for small children, seniors are “aging in place” longer because their home is safe for them. We are changing lives for the better and reducing healthcare costs along the way.

You are receiving this email because you are a friend and I am extending a personal invite to you to celebrate with us in partnership on March 10th.



U4A (Utah Association of Area Agencies on Aging)

Registration is now available for the Elder Abuse Conference “Break the Silence” scheduled May 15, 2018 at the Snow College Campus in Richfield, Utah.

<https://utahelderabuse.org/>

This conference is designed to promote education, discussion and solutions for the issues being faced by our Elders and Caregivers in Utah today. This conference is developed for advocates, direct service providers, law enforcement, legal/financial professionals, health and social work professionals.

Paul Greenwood-San Diego County District Attorney will be the Keynote speaker.

Special Guest Speakers:

- Sandy Markwood-Chief Executive Office of National Association of Area Agencies on Aging (n4a)
- Kit Gruelle-Domestic violence and sexual assault victim advocate will be a Guest Speaker.

Demand for home and community-based services provided by Utah’s Area Agencies on Aging continue to exceed funding resources. Waiting lists for the Aging Waiver, Alternatives, and Caregiver Support continue to grow.

Utah Gerontology Interdisciplinary Program

The Association for Gerontology in Higher Education (AGHE) awarded the Program of Merit designation to the University of Utah Gerontology Interdisciplinary Program at the master’s degree level. Following a rigorous review process, the AGHE review team commended the program for innovative leadership, an interdisciplinary curriculum that applies AGHE competencies, and faculty representing varying disciplines with diverse skills that add to the breadth and depth of the program offerings.

Utah Working Interdisciplinary Network of Guardianship Stakeholders (WINGS)

Utah Working Interdisciplinary Network of Guardianship Stakeholders (WINGS) under the leadership of the Utah State Courts is addressing judicial education in the field of guardianship and advance life planning with assistance from the Elder Justice Innovation grant of the American Bar Association

Commission on Law and Aging and National Center for State Courts. Presentations for District Court judges are scheduled from February until May 2018 in Salt Lake City, Ogden, Provo, Farmington, Price, Vernal, St. George. WINGS stakeholders developed materials and presentations will cover alternatives to guardianship, judicial protocol in establishing limited guardianship, tools in capacity evaluation of vulnerable adults and oversight of court-appointed guardianships. The goal is to preserve dignity, respect and self-determination of persons subject to guardianship and making their voice heard in court proceedings.

In 2016-2017 WINGS stakeholders delivered classes on advance life planning and guardianship to 243 professionals and caregivers around the state with support from the Interagency Outreach Training Initiative grant of the Utah State University Center for Persons with Disabilities. In addition to judicial education, WINGS are currently working until February 2019 with ASPIRE organization of the Department of Workforce Services, Office of Rehabilitation on providing legal assistance on advanced planning for families with children with disabilities on Social Security income.

Falls Prevention

The Fall Prevention Alliance has developed a brochure with practical tips for preventing older adult falls and a checklist providers and patients can use to assess fall risk. Please check out the new fall prevention website at <http://ucoa.utah.edu/fpa/> to view or download a copy of the brochure and learn what you can do to prevent falls. Thank you to Rob Ence for his work building the website! We also thank Senator Iwamoto for writing Senate Joint Resolution 5, which recognizes the efforts of the Fall Prevention Alliance and designates September 22 as Fall Prevention Awareness Day.

UCOA Communications Team

UCOA is looking for compelling personal stories for video and podcast production including the following areas:

- Air quality impact on health
- Identity theft
- Affinity fraud
- Emergency preparedness
- Caregiving for dementia
- Veterans' benefits
- Arts in aging
- Guardianship issues
- End of life conversations
- Patient advocacy/ombudsman

Please submit story ideas to zjanice.evans@gmail.com or rob.ence@utah.edu

Additional Reminders:

1. Annual Report – hope to complete soon. Not too late to submit entries if you have not already. Email rob.ence@utah.edu if you have questions or input.
2. We still have one statutory member seat to fill for the UCOA. Please advise if you have any recommendations.
 - a. Representative for Public Safety
3. Watch for committee invites in the first quarter. Feel free to reach out to chairs if you have interest in any of the committee work. These meeting may be done with Zoom technology or in person as determined by the chair.
 - b. Communications – Janice Evans
 - c. Research & Academia – Jackie Eaton
 - d. Public Policy – Alan Ormsby
 - e. Practice and Community Outreach – Cindy Turnquist

Your committee participation is your choice and you are not limited to one. As you have time and input to offer, your contributions are valued and welcomed. Scheduled video conferences will be offered to all.

The committees will continue to shape our priorities and scope of work as well as promote new ideas and practices to share.

4. Scheduled quarterly meetings for the balance of 2018:
 - f. **May 10 (Thursday) at AARP** in Midvale - Noon
 - g. **August 9 (Thursday) at Bateman Horne Center** in SLC - Noon
 - h. **November 8 (Thursday) at HealthInsight** in Murray - Noon

Please save the dates and times. We'll confirm location availability and adjust as required.



Swinging on a Star

Shining a light on Children's Service Society

PLEASE JOIN US FOR OUR
ANNUAL GALA TO SUPPORT SERVICES
THAT PREVENT CHILD ABUSE AND NEGLECT

MASTER OF CEREMONIES, KEN VERDOIA

FEBRUARY 23, 2018
6:30 PM

CITY CENTER MARRIOTT
200 SOUTH STATE STREET
SALT LAKE CITY

Presenting Sponsor:
Craig and Connie Thatcher Foundation

TICKET INFORMATION AT WWW.CSSUTAH.ORG
OR BY CALLING EMILY AT 801-244-2996

DRESS: BUSINESS ATTIRE

CALLING ALL HEROES



**Children's
Service Society**

Safe Children, Caring Families,
Strong Communities

5K AND 10K FUN RUN OR WALK

EVENT PROCEEDS FUND CHILD ABUSE PREVENTION SERVICES



MAY 12, 2018

MURRAY PARK

PAVILION 2

495 E. 5300 S. MURRAY 84107

- ➡ 10K START TIME 9:15 AM
- ➡ 5K START TIME 9:30 AM
- ➡ 1K START TIME 10:15 AM
(CHILDREN 6 AND UNDER FREE)

[REGISTER AT CSSUTAH.ORG](http://CSSUTAH.ORG)

HERO COSTUMES ARE ENCOURAGED BUT MUST BE SAFE &
SUITABLE FOR RACE PARTICIPATION

YOU ARE ONLY GUARANTEED A RACE SHIRT IF YOU SIGN



UP BY 5:00 PM ON APRIL 24TH



EARLY BIRD REGISTRATION OPEN UNTIL 4/24/2018

GENERAL REGISTRATION OPEN UNTIL 5/10/2018

EVERY CHILD NEEDS A HERO